

VOLUME #6

5-23-86

TO

7-15-86

BEDFORD, ENGLAND
TO
USSEL, FRANCE



College Ruled White Paper
Single Subject

Dennison National Company, Holyoke, MA 01041

33-502

80 Sheets

7³/₄ x 5

5-23-86

19,190

3/4

No km's

A NEW BOOK: NEW YEAR FOR TRAVELLING.

IT'S BEEN A BUSY DAY. I TOOK MY BIKE TO MICHAEL'S CYCLES TO BE RE-REPAIRED WITH SOME SUCCESS. BASICALLY IT'S IN THE SAME SHAPE IT WAS IN IN OTTAWA: IT'S ADJUSTED CORRECTLY BUT NEEDS A NEW CLIP WHICH THEY DON'T HAVE. ONCE I RETURN TO THE STATES I'LL REPLACE THE HEADSET TO A MORE UNIVERSAL MODEL TO AVOID SIMILAR OR POSSIBLY WORSE PROBLEMS IN THE FUTURE.

I TOOK THE BUS INTO CAMBRIDGE TODAY FOR ONLY \$2 ROUND TRIP. PICKED UP A SLEEP SACK (\$9.95: TOO MUCH, BUT VERY LIGHT); FOUR SMALL LUGGAGE STRAPS (\$3.50/SET) AT THE YHA STORE. I'VE MOUNTED THE STRAPS TO THE FRONT LOW RIDERS SO THAT I DON'T HAVE TO TAKE THEM OFF THE BIKE WHEN I REMOVE MY TENT & SLEEPING BAG. I THINK I MAY DO THE SAME WITH THE STRAP ON MY REAR RACK AS WELL.

GEORGE CASH^{ED} A CHECK FOR \$2,000⁰⁰ FOR ME SO THAT I CAN FINISH MY 'CYCLING THROUGH EUROPE'. IT COST \$10 TO CASH + \$1190 TO CONVERT TO TRAVELLERS' CHECKS BUT IT SAVED ME THE EXPENSE OF RETURNING TO MIKE'S HOUSE TO DO THE SAME THING.

(19,190) 366

OF COURSE IT'S IN BRITISH POUNDS WHICH COULD HAVE ITS DISADVANTAGES ESPECIALLY IF THE POUND CONTINUES TO SLIP AS IT'S DONE THE PAST FEW DAYS.

IN ORDER TO SAVE A FEW BUCKS I'VE LEFT A BOX OF STUFF HERE FOR MIKE TO MAIL FOR ME WHEN HE ARRIVES. I HOPEFULLY GEORGE CAN GET MY X-RAYS FOR ME. I HAVE HIM SEND THEM AS WELL. I'VE LEFT AN ENVELOPE WITH THREE ROLLS OF FILM AS IT'S FREE IF MAILED ON BASE (IT'S A BUSINESS REPLY ENVELOPE) I WOULD COST A SMALL FORTUNE IF MAILED FROM HERE.

SINCE DICK & BEN CONFIRMED THAT MY ^{NEW} SLEEPING BAG HAS ARRIVED I'LL LEAVE ~~THAT~~ ^{MY OLD BAG} THE SHEETS I BOUGHT AT MIKE'S HERE SO THAT IF NO BODY WANTS THEM PERHAPS THEY CAN BE GIVEN TO CHARITY.

I'VE DECIDED TO ASK JOYCE FOR A FEW RECIPES FOR TRADITIONAL ENGLISH DISHES, TO TAKE HOME AS SOUVENIRS. PERHAPS I'LL WRITE A COOKBOOK WHEN I GET BACK.

CREAMED RICE PUDDING.

1 PINT MILK

3oz OR 'GOOD HANDFUL' OF RICE

1/2 oz BUTTER

(19,190) 366

2 TOSPO SUGAR

NUTMEG - A GOOD SPRINKLING

MIX TOGETHER IN GLASS BOWL - STIR WELL. ADD RAISINS OR SULTANAS IF YOU LIKE. BAKE 150°C - CHECK AFTER 45 MINUTES ADD A SMALL CAN OF EVAPORATED ^{MILK} (ADD MORE PLAIN MILK IF TOO THICK) SPRINKLE ADD'L NUTMEG ON TOP & BAKE FOR ADD'L 45 MINS.

TRIFLE

ONE SMALL SWISS ROLL (SPONGE CAKE WITH JAM CURLED INTO A ROLL) - SOAK IN SHERRY OVERNIGHT
ONE PACKET OF JELLO (OPTIONAL)
PREPARE PACKET OF CUSTARD
SMALL TIN OF FRUIT (FRUIT COCKTAIL, FRESH RASPBERRIES)
1/2 PT WHIPPING CREAM
ALMONDS (SLICED)

IN BOWL ADD SWISS ROLL & JELLO ALLOW TO SET. DRAIN FRUIT & ADD TO BOWL, POUR ON CUSTARD ALLOW TO COOL, ADD CREAM & ALMONDS.

(ADD FRUIT SYRUP TO JELLO FOR MORE FLAVOR)

(19, 190) BEE

MEAT PIES

PASTRY: CAN USE FOR FRUIT PIES JUST ADD A BIT OF SUGAR.

8 OZ PLAIN WHITE FLOUR

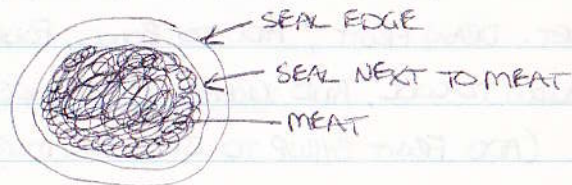
1/2 LVL TSP SALT

4 OZ LARD (CRISCO)

2 TSP COLD WATER (IMPORTANT - MUST BE COLD)

PUT FLOUR, SALT IN BOWL - CUT LARD INTO CUBES RUB THEM IN YOUR FINGERS UNTIL THEY FALL INTO THE BOWL LIKE BREAD CRUMBS. - DON'T HANDLE TOO MUCH. ADD 1 TSP WATER MIX WITH KNIFE ADD MORE IF NECESSARY. USE HANDS TO KNEAD LIGHTLY & QUICKLY INTO DOUGH. LEAVE FOR 10 MIN. IN FRIDGE ADD MORE WATER IF NOT BINDING WELL. CUT IN HALF, ROLL INTO SHAPE OF PLATE. ~~ADD MORE WATER~~

ADD FILLING. WET AROUND EDGE OF PASTRY. ROLL OTHER HALF OF DOUGH FOR TOP. SEAL EDGES WELL, THEN SEAL WHERE MEAT FILLING ENDS:



FILLING:

(19, 190) BEE

1/2 - 3/4 lb STEWING BEEF

ONION - ABOUT HALF, CHOPPED

OXO CUBES - ONE IS ENOUGH

(OR BROWN SAUCE, ETC...)

COVER ^{MEAT} WELL WITH WATER (2-3" AT LEAST)

SALT & PEPPER

BRING TO BOIL & SIMMER FOR A COUPLE HOURS

THICKEN ~~WITH~~ WITH 2 TSP FLOUR ~~IF NECESSARY~~ IF NECESSARY.

BREAD PUDDING

8 OZ BREAD - NO CRUST - CUBED

1/2 PT MILK

2 OZ BUTTER (MELTED IN SAUCEPAN)

3 OZ SOFT BROWN SUGAR

4 level tsp of ² CINNAMON, NUTMEG (mixed spices)

1 egg beaten

6 OZ RAISINS OR SULTANAS

GRATED RIND OF AN ORANGE + JUICE

1/2 TSP NUTMEG

PREHEAT TO 350°F. IN FLAT GLASS DISH ADD BREAD, ADD MILK. STIRRING WELL. LEAVE FOR 1/2 HR. ADD BUTTER, SUGAR, MIXED SPICES, & EGG. STIR

19,190 ³⁶⁶

WELL WITH FORK, ADD FRUIT, RIND & JUICE & NUTMEG.
SPREAD MIX IN DISH. SPRINKLE ADDL NUTMEG ON
TOP. BAKE FOR 1 1/4 HRS.

GREAT WITH VANILLA ICE CREAM!

SHEPHERD'S PIE

3/4 lb. GROUND BEEF

1 MED ONION

PUT TBSO OIL IN SKILLET. CHOP ONION -
FRY WITH BEEF. ADD ENOUGH WATER TO COVER (ABOUT
1 PINT) & ADD OXO CUBE. SIMMER 20 MINUTES -
MORE OR LESS. ADD SALT & PEPPER. THICKEN w/
WHITE FLOUR. SIMMER ADDL 10 MIN.

BOIL POTATOES AT SAME TIME. PUT MEAT
IN COLANDER & CATCH GRAVY IN DISH BELOW. PUT
MEAT IN GLASS PIE DISH, ADD SOME GRAVY - SO THAT
IT'S MOIST (MEAT IS COVERED). MASH POTATOES
WITH MILK & BUTTER. PUT ON TOP OF MEAT. TOP
WITH BUTTER & BAKE AT 200-250°F UNTIL POTATOES
LIGHTLY BROWNED.

SAUSAGE & MASH & BROWN ONION

COOK SAUSAGES (SLOWLY). SLICE ONIONS IN RINGS
IN SKILLET WITH A BIT OF OIL. COOK SLOWLY

19,280

³⁶⁷

UNTIL SOFT ~~BROWN~~. TURN OFTEN.
(LEAVE JUICE)

TO MAKE GRAVY TAKE ONIONS OUT ADD
WATER & THICKEN WITH FLOUR. ~~2~~ MAKE MASHED
POTATOES. SERVE SEPARATELY ON A PLATE. (POUR
GRAVY OVER POTATOES & SAUSAGES)

5-24-86

90km

WELL, I'VE FINALLY LEFT GEORGE & JOYCE'S, HOPE-
FULLY FOR QUITE SOME TIME. I MEAN I HOPE I
DON'T FIND A NEED TO LET THEM HELP ME SORT
OUT ANYMORE PROBLEMS & CAN GET ON WITH THINGS.

IT WAS QUITE A SOG TO MAIDENHEAD INTO A
BRISK HEADWIND, BUT IT STAYED DRY & WASN'T ALL
THAT BAD.

THE ONLY ^{THING} OF INTEREST ON THE WAY WAS A
CRICKET TEAM PRACTICING NEAR HIGH WYCOMBE.
BUT NOT UNDERSTANDING THE RULES IT GOT BORING
AFTER A BIT.

DICK'S BEEN HELPING SOMEBODY TO REBUILD
HIS GREENHOUSE & HOPEFULLY HE'LL HAVE SOMETHING FOR
ME TO DO TO HELP WHILE I'M HERE. I'LL DEFINITELY TAKE
A CLOSE LOOK AT THE CONSTRUCTION TECHNIQUES IN
CASE I EVER WANT TO BUILD A GREENHOUSE.

19,280

368

MY SLEEPING BAG & ABOUT 12 LETTERS & ABOUT AS MANY PHOTO'S (FROM ALEA & TRAVIS) WERE WAITING FOR ME WHEN I ARRIVED. IT'S ALWAYS AWKWARD TO DEAL WITH THE URGE TO TEAR INTO THE ENVELOPES RIGHT AWAY INSTEAD OF TAKING AN INTEREST IN YOUR HOSTS & I GUESS I HAVE A LOT TO LEARN ABOUT DOING IT BETTER. HOPEFULLY PEOPLE CAN UNDERSTAND WHAT TWO MONTHS WITHOUT MAIL IS LIKE.

5/25/86

No km's

I SPENT A SHORT DAY IN GREENWICH TODAY TRAVELLING BY TRAIN, TUBE, & BUS. I GUESS IT TOOK ABOUT TWO HOURS TO GET THERE.

IT WAS A NICE DAY THOUGH & I GOT TO LOOK AROUND THE TEA CLIPPER CUTTY SARK FOR A WHILE & TO SEE THE THAMES FLOOD BARRIER, BOTH OF WHICH WERE FASCINATING, ESPECIALLY THE BARRIER SINCE IT'S FREE. I WANTED TO SEE THE OLD OBSERVATORY THAT SITS ON THE PRIME MERIDIAN (0° LAT), BUT IT WASN'T OPEN UNTIL LATER IN THE DAY.

DICK & BEN'S NEIGHBOR, JEAN BUSH, CAME OVER THIS EVENING & INVITED ME FOR SUPPER TOMORROW EVENING WITH HER CHILDREN, JOHNNY & MARGARET.

19,280

368

I GUESS THEY'RE ABOUT MY AGE. I HOPE THEY DON'T MIND CASUAL PEOPLE.

OH YEAH, ONE NICE THING ABOUT THE TRAIN RIDE TODAY WAS PASSING OVER THE OLD RAILWAY BRIDGE BY THE HOUSE ON RIVER ROAD. I WASN'T THINKING THAT I'D GO OVER IT, SO IT WAS QUITE A PLEASANT SURPRISE.

BEN'S BEEN NICE ENOUGH TO DONATE A COUPLE OF RECIPES TO MY POTENTIAL COOK BOOK:

MARMALADE PUDDING

6 OZ BREADCRUMBS

2 OZ SELF RISING FLOUR

4 OZ SWEET

4 OZ DEMARRA SUGAR

1/2 tsp BICARB OF SODA (DISSOLVED IN MILK)

1 EGG (BEATEN)

~~500g~~ 502 (OR MORE) MARMALADE

MIX ALL INGREDIENTS. GREASE A BASIN (BOWL) WELL & POUR IN MIX & SPRINKLE WITH BROWN SUGAR. STEAM 2-3 HRS. SERVE WITH CUSTARD

(19,280)

368

MINCE PIE

FILLING:

2lbs APPLES

1lb RASBERRIES

1lb SULTANAS

2lbs CURRANTS

1/2lb MIXED PEEL

1lb SUET

RIND; JUICE OF TWO LEMONS

2lbs BROWN SUGAR

2 tsp NUTMEG

SPICES TO TASTE (MIXED SPICE)

SHORT CRUST PASTRY

8oz LARD

12oz SELF RISING FLOUR

PINCH OF SALT

4 Tbsp COLD WATER

RUB FAT INTO FLOUR, ADD WATER & KNEAD A LITTLE. ROLL OUT TO REQUIRED THICKNESS ON A FLOURED BOARD. BAKE AT GAS MARK 6 FOR ABOUT 20 MIN.

(19,280)

368

(5/26/86)

(NO KMS)

I ATTEMPTED TO CLEAN & ADJUST MY REAR DERAIL-LEUR THIS A.M. WITH NEAR DISASTROUS RESULTS. I COMPLETELY DISASSEMBLED IT & PIECES WENT FLYING EVERYWHERE. I'VE PUT IT BACK TOGETHER & IT LOOKS OK. & I DON'T HAVE ANY ODD BITS LEFT LAYING ABOUT, SO HOPEFULLY I'VE DONE IT RIGHT. WE'LL SEE ONCE I HEAD OUT AGAIN TOMORROW.

I'VE BEEN INVITED TO SUPPER NEXT DOOR, WHICH I MENTIONED YESTERDAY. I HOPE THEY DON'T MIND DIRTY CLOTHES TOO MUCH, BECAUSE I'VE MADE A MESS OF MY ONLY PANTS DURING MY REPAIR EFFORTS & THERE'S NOT ENOUGH TIME TO WASH & DRY THEM.

I'VE JUST SPENT A COUPLE HOURS HELPING DICK WORK AT REBUILDING HIS GREENHOUSE. HE HAS A GUY NAMED PETER THAT HE'S PAYING TO DO IT, BUT HE'S BEEN DOING ODD JOBS TO SPEED THINGS ALONG & I'VE BEEN LENDING A HAND.

DICK'S BEEN CLEANING OFF THE GLASS & I'VE BEEN DOING SOME PAINTING & CUTTING A FEW PIECES OF WOOD TO FIT HERE & THERE.

(19,280) 269

I LOVE THE WAY THIS GREENHOUSE IS CONSTRUCTED, ESPECIALLY THE WAY THE GLASS IS PUT IN, AS IT'S POSSIBLE TO USE A LARGE AMOUNT OF RECYCLED GLASS. BASICALLY THE ROOF IS MADE 2X2'S NAILED TO THE ROOF BEAM, THE SIDES OF THE WALL WITH A $\frac{3}{8}$ " X $\frac{7}{8}$ " STRIP NAILED ON TOP OF IT:



THE GLASS IS JUST SHINGLED ON TOP OF IT: THE FIRST PIECE IS LAID AT THE BOTTOM. EACH SUCCESSIVE PIECE IS OVERLAPPED ABOUT 1"-1 $\frac{1}{2}$ " ALL THE WAY UP TO THE TOP:

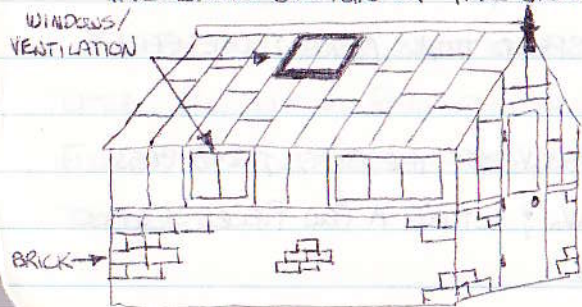


THE 2X2'S ARE SPACED ABOUT 16"

APART; THE GLASS VARIES IN LENGTH FROM 8" TO ABOUT 30"

A SIMILAR TECHNIQUE IS USED ON THE SIDES & ENDS, ONLY THE GLASS IS SIMPLY BUTTED UP ONE AGAINST THE OTHER; THE SEAM IS SEALED WITH PUTTY (IT'S LEFT UNSEALED WHEN THEY'RE OVERLAPPED).

THE BASIC DESIGN OF THE GREENHOUSE IS:



(19,280) 269

INSIDE ~~THERE~~ THERE ARE BENCHES, ON EITHER SIDE OF THE MAIN AISLE, WHICH ARE BUILT OF ~~1x2~~^{1x2}'S SPACED AN INCH OR TWO APART TO PROVIDE DRAINAGE. THE SPACE UNDERNEATH IS USED FOR STORAGE.

IT WAS PRETTY FUN TALKING WITH PETER WHILE WE WORKED WITH STORIES OF INSTALLING WATER METERS IN THE NATIONAL GALLERY & BUCKINGHAM PALACE, AS WELL AS OTHER ODD JOBS HE'S DONE.

I SPENT THE EVENING VISITING WITH JEAN & PETER BUSH; THEIR SON & DAUGHTER, JONATHAN & MAGGIE.

I TRIED TO FIND OUT A LITTLE ABOUT THEM, BUT SPENT MOST OF THE EVENING ANSWERING THEIR QUESTIONS. I GUESS HE'S A RETIRED MAJOR GENERAL, JONATHAN TEACHES ENGLISH & LATIN IN A PREP SCHOOL & MAGGIE IS A SOCIAL WORKER.

WE HAD A VERY NICE SUPPER AT 8.00PM: BAKED TROUT (WHICH PETER HAD CAUGHT THAT DAY) AS A SORT OF FIRST COURSE, FOLLOWED BY TANDOORI CHICKEN, WHITE RICE, & "POORI'S" (SP) - A SORT OF WHOLEWHEAT UNLEAVENED BREAD.

AFTER THAT WE SAT AROUND TALKING FOR QUITE

19,380 370

SOME TIME, I'D SAY I PROBABLY OVERSTAYED MY WELCOME AS IT WAS 11:00 PM BEFORE I LEFT. I SUPPOSE THAT'S THE PRICE PEOPLE PAY FOR THEIR GOOD MANNERS.

I'LL BE GLAD TO BE ON THE ROAD AGAIN TOMORROW AS I FEEL A BIT UNCOMFORTABLE STAYING HERE WITH DICK & BEN. I ARRIVED KNOWING THAT BEN WASN'T FEELING TOO WELL & DECIDED IT BEST NOT TO BURDEN THEM TOO MUCH WITH MY PRESENCE & THUS DECIDED TO GO TO GREENWICH ON SUNDAY. UNFORTUNATELY, I THINK THAT IN DOING SO I'VE OFFENDED BEN & FEEL PERHAPS IT'S TIME TO RUSH ON.

5-27-86 100 km

IT'S TURNED OUT TO BE A NICE DAY, BUT I'VE BEEN PUSHING AGAINST VERY BRISK WINDS ALL DAY. THINGS GOT OFF ON A BIT OF A DOWN NOTE. IT WAS HARD TO TELL IF BEN WAS UPSET OR GLAD THAT I WAS LEAVING SO SOON.

MY REAR DERAILLEUR IS MAKING A LOT OF NOISE AFTER MY ATTEMPTED REPAIR YESTERDAY. I COULDN'T FIGURE OUT WHAT WAS WRONG, BUT I'M BEGINNING TO SUSPECT THAT I WOUND THE SPRING TOO TIGHT. THERE WERE THREE

19,385 371

NOTCHES IT COULD GO IN & I PUT IT IN THE LAST ONE. EITHER THAT OR I PUT IT IN THE FIRST & IT WAS TOO LOOSE. I SUPPOSE THAT MIGHT AFFECT THE MOVEMENT OF THE DERAILLEUR FROM FRONT TO BACK (IN RELATION TO THE BIKE) & I MAY BE ABLE TO ADJUST THAT.

LUCKILY THE DERAILLEUR WORKS BETTER THAN BEFORE, IT'S JUST LOUDER THAN HELL. I WOULD GUESS THAT MY FREEWHEEL-CHAIN COMBINATION (WHICH I THOUGHT I'D HAVE TO REPLACE) SHOULD LAST WELL INTO SPAIN WHICH IS GREAT AS IT LOOKS AS THOUGH I NEED TO KEEP AN EYE ON EXPENSES FOR A WHILE.

I'M STAYING AT THE ^{HOSTEL} ~~HOTEL~~ IN PORTSMOUTH TONIGHT & WILL LEAVE ENGLAND SOME TIME TOMORROW. HOPEFULLY THIS WILL BE THE BEGINNING OF A LONG SPELL OF WARM SUNNY WEATHER.

ACCORDING TO MY CALCULATIONS I'VE PASSED THE 12,000 MILE MARK TODAY. 19,380 KM EQUALS APPROXIMATELY 12,015 MILES

5-28-86 5 km

NOT A VERY PRODUCTIVE DAY MILEAGE-WISE. I PROBABLY CYCLED AT LEAST 10 KM BECAUSE I GOT LOST IN PORTS-

(19.540)

372

MOUTH, BUT 5 km IS ABOUT THE DISTANCE FROM
HOSTEL TO FERRY TERMINAL IN PORTSMOUTH / CHERBOURG.

I'M STAYING AT THE HOSTEL (AUBERGE DE JEWESSE)
IN CHERBOURG AFTER YET ANOTHER TEDIOUS FERRY
RIDE (ABOUT 5 HRS). THAT SHOULD BE THAT LAST
LONG ONE IN THE FORESEEABLE FUTURE.

IT SEEMS PRETTY EXPENSIVE HERE. (A CHEAP LOAF
OF BREAD IS 60-70¢). OF COURSE NOW THAT I
REALLY THINK OF IT MAY NOT BE TOO BAD. I
THINK ENGLAND WAS ONLY SLIGHTLY LESS EXPENSIVE.
I GUESS I'M THINKING OF PRICES THAT WERE IN
PENCE AS THOUGH THEY WERE CENTS, WHICH WOULD
MAKE EVERYTHING SEEM 50% MORE EXPENSIVE.

(5-29-86)

(155 km)

I THINK I'VE BEEN TRYING TO MAKE THIS A BAD DAY,
BUT I'VE FAILED.

I STARTED OUT BECOMING THE SHOWERY-LOOKING
CLOUDS DESPITE THE FACT THAT I HAD A BRISK TAILWIND.
THEN IT WASN'T WARM ENOUGH DESPITE THE FACT THAT
WHERE I WAS ALONG THE COAST WAS AT LEAST 10° WARMER
THAN JUST A FEW MILES INLAND (THE COAST WAS SUNNIER).
THEN I WENT TO A CORNER STORE. I BOUGHT A COKE

(19.540)

372

THAT COST 5 FR (70¢!) THAT WAS WARM. THE
OWNER WAS GRINNING SO THAT IT BROUGHT BACK
MEMORIES OF PRICE-GOUGING IN QUÉBEC, BUT IT
TURNED OUT THAT'S A NORMAL PRICE (FRANCE IS
EXPENSIVE). THE OWNER WAS PROBABLY JUST
AMUSED ~~BY~~ BY MY SUNBURN. THEN I GOT TO
GENÈVE TO FIND THE HOSTEL CLOSED FOR TWO
MORE WEEKS. THEN I HAD NO FOOD, NO WATER +
50 km TO THE NEAREST HOSTEL. THAT'S WHEN
THINGS WERE FINALLY SEEN FOR WHAT THEY WERE -
NOT THAT BAD. EVEN PRETTY GOOD.

I FOUND WATER AT A TRAIN STATION, FOOD AT
A SMALL STORE IN PONTAUBAUT, A PLACE TO
CAMP (FREE + MY FIRST TIME IN EUROPE!) 8 km N.
OF ST. JAMES. THEN I REALIZED THAT IT HAD BEEN
SUNNY + A FAIR WIND NEARLY ALL DAY LONG. +
FOR CYCLING, PROBABLY THE BEST DAY I'VE SEEN IN
EUROPE.

SO, I'VE JUST FINISHED MY DINNER OF ONE CAN
OF COLD RAVIOLE. I'M ALL SET ~~FOR~~ ^{FOR} MY FIRST
NIGHT OF 'ROUGHING IT'. IT'S HARD TO CALL IT THAT
WHEN I'M SAVING 30 FR (2/5 OF MY DAILY BUDGET).

19,645 373

SO TODAY HAS TURNED OUT WELL. PERHAPS I'LL DUST OFF MY 'GET BY IN FRENCH' BOOK / POLISH OFF A FEW MORE PHRASES IN FRENCH; TRY TO TAKE A MORE OPTIMISTIC OUTLOOK ON MY TIME HERE.

530-86

105 km

ANOTHER NIGHT OF FREE-CAMPING, THIS TIME ABOUT 5 km S. OF CRAON, IN A SMALL GROVE OF BEECH & OAK TREES.

I WAS SURPRISED TO FIND NO CONDENSATION ON THE TENT THIS AM., SOMETHING THAT'S USUALLY ONLY DREAMED OF IN WASHINGTON; OREGON.

MY BUTT & FEET WERE PRETTY COLD LAST NIGHT. MY FEET DUE TO CUTTING MY BLUE PAD BY $\frac{1}{3}$ ITS LENGTH SO THAT THE GROUND SUCKS THE HEAT OUT OF THE FOOT OF THE SLEEPING BAG. I CAN CORRECT THAT EASILY ENOUGH BY WEARING HEAVY WOOL SOCKS AT NIGHT. IT'LL PROBABLY HELP MY BUTT, TOO. IF I WEAR MY TIGHTS TO KEEP MY BUTT WARM, MY GASTRO GETS VERY SWEATY - WHICH IT DOES IN SPITE OF THINGS ANYWAY, SO NO POINT MAKING IT WORSE.

IT'S BEEN ANOTHER PLEASANT DAY OF CYCLING. NICE & SUNNY IN THE A.M. & CLOUDING UP JUST IN TIME

19,740 374

TO SAVE MY FACE, / ARMS FROM BEING FRIED COMPLETELY OFF. THE SCENERY HAS BEEN PLEASANT, BUT UNNOTICABLE, SO I'LL GO A SHORT WAY DOWN THE LAKE VALLEY TOMORROW IN HOPES OF GOOD SIGHTS TO SEE. I PLAN ON STOPPING AT SAUMUR SO I CAN GET CLEANED UP. MY LAST SHOWER WAS AT PORTSMOUTH, AS I DIDN'T HAVE ANY SOAP WHILE AT CHERBOURG.

I MAY PLAN MY TRAVELLING AROUND A SCHEDULE OF TWO DAYS FREE-CAMPING; ONE DAY HOSTELLING. AS THAT WAY I CAN SAVE A FEW BUCKS A DAY; I WON'T GO WITHOUT A SHOWER TOO LONG.

5-31-86

95 km

I THOUGHT TODAY WAS PRETTY GOOD DAY, BUT IT'S HARD TO SAY WHY. I'VE HAD TWO FLAT TIRES, MY ALLERGIES ARE ACTING UP, PLUS IT RAINED.

THIS IS THE FIRST TIME I'VE HAD TWO FLAT TIRES IN THE SAME DAY, ONE FRONT; ONE REAR, WITHIN 45 km OF EACH OTHER. BUT I WAS IN NO HURRY; THEY CAUSED NO PROBLEM OTHER THAN MAKING ME A BIT DIRTIER THAN I ALREADY WAS.

MY ALLERGIES STARTED ACTING UP FOR THE FIRST

19.740

374

TIME THIS YEAR. I SAW IT COMING THE PAST FEW DAYS; NOW IT'S HIT. IT PROBABLY WOULD HAVE GOT TO ME IN ENGLAND, BUT I THINK THE GRASSES ARE CAUSING IT; THERE'S SO MUCH GRAZING THERE THAT IT LIMITS THE PROBLEM. UNFORTUNATELY FRANCE IS A DIFFERENT STORY. STILL I'M ONLY 2-3 DAYS RIDE FROM BORDEAUX WHICH IS PINE TREE COUNTRY, SO I SHOULDN'T SUFFER FOR LONG.

THE RAIN POSED NO REAL PROBLEM. IT WAS LIGHT & SCATTERED. THE ONLY BAD THING ABOUT IT WAS THAT IT COOLED THINGS OFF A FEW DEGREES. THERE'VE BEEN HIGH CLOUDS ALL DAY; IT'S BEEN AROUND 60-65°.

I HAD A MOLE WAKING ME UP OFF; ON LAST NIGHT. HE WAS SNIFFING AROUND IN THE DEAD LEAVES LOOKING FOR FOOD. I SAW HIM LATE IN THE EVENING; AT FIRST THOUGHT IT WAS A HEDGEHOG, BUT WITH THOSE SQUINTY EYES IT WOULD HAVE TO BE A MOLE.

SAUMUR, WHERE I'M CAMPING NEXT TO THE YOUTH HOSTEL, IS THE FIRST REALLY SCENIC TOWN I'VE BEEN TO IN FRANCE. AND WHEN I ARRIVED THEY WERE IN THE MIDDLE OF THE 8TH ANNUAL MUNICIPAL EMPLOYEES NAT'L CRITERIUM (CYCLE RACING) CHAMPIONSHIPS WHICH

19.850

375

I GOT TO SEE A BIT OF. OF COURSE I HAD NO IDEA IF I WAS WATCHING THE FRONT, MIDDLE, OR END OF THE RACE AS THE PACKS WHIZZED BY.

OH YEAH. MY FRONT TUBE NOW HAS SEVEN PATCHES ON IT. NOT TOO SHABBY.

6-1-86

110 Km

IT'S BEEN 110 KM'S OF WATERY EYES, RUNNY NOSE, SNEEZING, & NOSE-BLOWING, BUT IT HASN'T BEEN TOO BAD. I SUPPOSE I'VE GONE THROUGH THIS ENOUGH TO LESSEN ITS BAD EFFECTS; PUT MY SELF IN THE RIGHT FRAME OF MIND.

I'M CAMPING IN A SORT OF NAT'L FOREST ABOUT 8 KM S. OF ~~RENNES~~ ST. MAIXENT. THERE ARE A FEW TOO MANY PEOPLE BEATIN' AROUND IN THE BUSHES HERE, BUT I THOUGHT IT LOOKED LIKE A SAFE PLACE TO CAMP. I'M SURE IT WILL BE DESPITE THE FACT THAT I'M SURE MY TENTS BEEN SPOTTED BY A COUPLE OF PEOPLE.

I THOUGHT I WAS GOING TO BE S.O.L. GETTING FOOD TODAY AS THE HUGE SUPERMARKETS ARE CLOSED ON SUNDAY; ALL OR PART OF THE DAY MONDAY. LUCKILY A FEW SMALL STORES;

(20,070) 377

FOOD. I WOULD IMAGINE THE FRANC IS OVERVALUED BY AT LEAST 2-3%. WITH IT BEING ALMOST IMPOSSIBLE TO FIND A STORE THAT SELLS MORE THAN 10% OF ITS FOOD ITEMS THAT ARE NOT GROWN ^{OR} PACKAGED IN FRANCE (90% ARE). I IMAGINE THAT FRANCE MUST HAVE SOME VERY PROTECTIONIST POLICIES IN REGARD TO FOOD IMPORTATION. THE ONLY OTHER POSSIBILITY IS THAT THE FRENCH ARE VERY NATIONALISTIC, WHICH SUPPOSEDLY THEY ARE, BUT I'VE YET TO FIND A COUNTRY THAT IS WILLING (INDIVIDUALLY) TO SACRIFICE ECONOMICS FOR NATIONALISM.

IT'S TURNED OUT TO ^{BE} A FUN AFTERNOON. I WENT OVER TO THE P.T.T. (POST OFFICE), WHILE WAITING FOR THE FERRY, & USED ENOUGH FRENCH TO DETERMINE HOW MUCH IT COSTS TO SEND A POST CARD TO THE STATES ($3F, 20 \approx 45¢$); I MANAGED TO ALSO PURCHASE A FEW STAMPS FOR MIKE. I WAS AMAZED THAT THE CLERK UNDERSTOOD EVERYTHING I SAID; I UNDERSTOOD MOST OF WHAT SHE SAID. PERHAPS I WILL FIND TIME TO VISIT THE MOINY'S.

I ALSO HAD A BRIEF CHAT WITH AN OLD MAN

(20,185) 378

WHO SAT OPPOSITE ME AS I WROTE OUT A COUPLE OF POST CARDS. I UNDERSTOOD VERY LITTLE OF WHAT HE SAID, BUT HE SEEMED TO BE VERY PLEASED WITH THE STORY OF MY TRIP SO FAR & WHERE I WAS HEADING. HE EVEN WISHED ME 'BON VACANCES' AS I WAS BOARDING THE BOAT.

I THOUGHT MY ALLERGY PROBLEMS WERE SOLVED ONCE I STARTED 'CYCLING ON THE SOUTH SIDE OF THE GIRONDE. AFTER ABOUT AN HOUR MY NOSE WAS DRY; MY SNEEZING HAD STOPPED. I WAS ELATED DESPITE MULTITUDES OF GNATS; A FEW HUNGRY SKEETERS. BUT AS SOON AS I CAMPED THINGS STARTED UP AGAIN, THOUGH NOT AS BAD AS LAST NIGHT. PERHAPS IT'S JUST A MATTER OF GIVING MY SINUSES TIME TO DRAIN.

I'M CAMPED ON A SANDY TRACK AT THE N. END OF LAC LACANAU. IT LOOKED AS THOUGH IT WOULD BE A PLEASANT EVENING BUT THEN CLOUDS & CAME RUSHING IN; IT LOOKED AS THOUGH IT WOULD RAIN, BUT SO FAR NOTHING.

(6-4-86)

(115km)

A FAIRLY UNSTIMULATING DAY - CLOUDY, COOL, STRAIGHT

(20,185)

378

FLAT ROADS; GENERALLY A TAIL WIND.

I GUESS THE BIG NEWS IS THAT IT'S BEEN FOUR DAYS WITHOUT A SHOWER. THE LAST COUPLE OF DAYS I'VE THOUGHT OF JUMPING IN THE OCEAN; CLEANING UP A BIT, BUT USUALLY BY THE TIME I'M CLOSE TO A BEACH IT'S GETTING COLD; NASTY OUT SO I'VE HAD NO LUCK. AT LEAST THE ROAD VEERS CLOSER TO THE OCEAN TOMORROW, SO IF THERE IS A BIT OF CLEARING I CAN JUMP IN RIGHT AWAY. I'LL GET A SHOWER TOMORROW ANYWAY AS I'LL TRY TO CAMP AT THE HOSTEL IN BIARRITZ. I'LL PROBABLY DO LAUNDRY AS WELL.

I'VE ONLY SPENT ABOUT \$50 IN THE PAST WEEK, SO I THINK I'LL GO INVEST MY SAVINGS IN SOME NEW BIKE PARTS TO TAKE THE WORRY OUT OF THE NEXT COUPLE THOUSAND MILES. MY FREEWHEEL IS ABOUT DRIED OUT; JUDGING FROM THE WEAR OF MY CHAIN I'M SURE THE FREEWHEEL COGS ARE PRETTY WORN ALSO. I ALSO NEED A NEW PULLEY FOR MY REAR DERAILLEUR; A NEW REAR TIRE. ALL THAT IN THE STATES WOULD RUN ABOUT \$35-40, SO I'M INTERESTED TO SEE HOW MUCH I GET STUCK FOR. HOPEFULLY ONLY ABOUT 300FR (\$42) OR LESS SO I WON'T HAVE TO CHANGE

(20,280)

379

MORE MONEY.

I'M CAMPED IN A PINE FOREST ABOUT 3KM S. OF MIMIZAN. I'VE MANAGED TO PLACE MY TENT DIRECTLY OVER SOME ANIMALS HOLE; HE KEEPS NUDGING ME IN AN EFFORT TO GET OUT. I THINK IT MAY BE A MOLE; IN THAT CASE HE PROBABLY HAS ANOTHER WAY OUT. ANYWAY I'M TIRED SO I'M STAYING PUT; HOPING THAT NOTHING TRIES TO CLAW ITS WAY THRU THE BOTTOM OF THE TENT TONIGHT.

(6-5-86)

(45km)

WELL, I DOUBT IF I'LL GET A CHANCE TO JUMP IN THE OCEAN TODAY, EITHER. IT'S 9:00 AM; I'VE BEEN AWAKE FOR AN HOUR; A HALF LISTENING TO THE RAIN FALL AGAINST THE TENT; WATCHING THE CONDENSATION FORM ON THE UNDERSIDE OF THE RAINFOY. IT BRIGHTENS UP ON OCCASION, GIVING HOPE THAT THINGS WILL LET UP, BUT NO SUCH LUCK SO FAR. I'M GETTING A BIT ANXIOUS TO GET OUT SO I CAN PERFORM MY MORNING RITUALS AS IT'S DIFFICULT TO HOP UP; DOWN ON ONE FOOT IN A TENT THAT'S ONLY THREE FEET HIGH. PERHAPS I'LL HAVE TO GET WET (PREFERABLY OUTSIDE).

MY DOWNSTAIRS NEIGHBOR WAS WELL BEHAVED LAST

(20,280)

379

NIGHT. HE WOKE ME ONLY ONCE, SEEMINGLY TO NUDGE ME OVER SO THAT I DIDN'T OBSCURE HIS VENTILATION.

HOPEFULLY IT WILL DRY UP ENOUGH FOR ME TO MAKE IT TO BIARRITZ & GET THAT SHOWER.

THAT WAS A RATHER UNPLEASANT EXPERIENCE. I HAD TO INTERRUPT MY WRITING TO STEP OUTSIDE & RELIEVE MYSELF. TAKING A CRAP IN THE RAIN WITH A COLD WIND BLOWING UP YOUR ASS IS NOT FUN.

SO, ANYWAY. IF I GET TO BIARRITZ TODAY, I'LL PROBABLY STOP AT A HOSTEL JUST INSIDE THE SPANISH BORDER THE NEXT NIGHT. PERHAPS AFTER TWO SHOWERS I'LL ONLY SMELL HALF AS BAD AS I DO.

I MADE IT TO BIARRITZ (ANGLET ACTUALLY) THOUGH THE WEATHER WAS PRETTY BAD. IT RAINED LIGHTLY ALL THE WAY TO WITHIN 10KM OF BAYONNE & THEN IT STARTED POURING DOWN. OF COURSE THAT WAS ALSO THE MOST CONGESTED PART OF THE RIDE SO GETTING SPRASHED BY TRAFFIC MADE THINGS WORSE. INSTEAD OF DRYING OFF WHEN I GOT TO THE

(20,320)

380

HOSTEL I JUST SORT OF DRAINED, I WAS THAT WET. STILL, IT WASN'T TOO COLD & SO NOT SO BAD.

I FINALLY GOT MY SHOWER & WAS DISTURBED TO FIND WHAT I BELIEVE WERE TWO TICKS, A FIRST FOR ME. I'M NOT SURPRISED IN LIGHT OF THE ABUNDANT INSECT LIFE IN FRANCE. STILL I'LL TAKE THAT AS A LESSON & WASH MORE OFTEN.

SINCE IT'S SO WET I'VE DECIDED TO STAY IN-DOORS TONIGHT. IT'S 40F, 50 PER NIGHT (\$560) WITH BREAKFAST SO THAT'S NOT BAD.

(6686)

(50km)

I DIDN'T HAVE MUCH LUCK FINDING BICYCLE SHOPS THIS MORNING, THOUGH I FINALLY FOUND ONE NEAR THE SPANISH BORDER. I HAD TO WAIT OVER AN HOUR FOR IT TO OPEN AFTER LUNCH & IT WASN'T WORTH THE WAIT. I WANTED A FREEWHEEL WITH ENGLISH THREADS (NOT FRENCH OR ITALIAN) & HE DIDN'T HAVE ONE WHICH I UNDERSTOOD. HE DIDN'T UNDERSTAND THAT I UNDERSTOOD & SO PROCEEDED TO BE RATHER ABSURD IN FRENCH & SPANISH TO SHOW HIS IGNORANCE. IT WAS ONE OF THOSE THINGS YOU HAD TO EXPERIENCE TO REALLY APPRECIATE.

(20,330) 330

I GOT INTO A PANIC WHEN I ARRIVED IN SAN SEBASTIAN AT 3:30. I FOUND THE BANKS HAD ALL CLOSED AT 2:30. I DIDN'T HAVE ANY PESETAS; CYCLING BACK TO FRANCE DIDN'T APPEAR TO ME. LUCKILY I FOUND A MAN THAT COULD UNDERSTAND MY BROKEN SPANISH REQUEST FOR CAMBIO (CHANGE); DINERO (MONEY); POINTED TO THE RIGHT PLACE.

SPAIN SHOULD BE PRETTY CHEAP. 100 PESETAS ARE WORTH ABOUT 75¢ (IT'S HARD TO TELL - I CHANGED BELGIAN; FRENCH FRANCS). IT COSTS 52 PTA TO MAIL A POSTCARD TO THE STATES (THOUGH THAT MAY NOT BE AIRMAIL) - THAT'S ABOUT 35-40¢; A POSTCARD IS 10 PTA, ABOUT 7-8¢. THE HOSTEL w/ BREAKFAST IS 525 PTA - LESS THAN \$4.

I MET A JAPANESE FELLOW - MASAYUKI - WE WENT OUT TO EAT THIS EVENING. WE WENT TO "SELF DANA AZKAR", A SORT OF SPANISH CAFETERIA; HAD SPAGHETTI (WITH BACON & AN OILY SORT OF SAUCE); FRIED HAM PATTIES w/ FRENCH FRIES. WE ALSO HAD SOME 13% BEER, EL LION, WHICH WASN'T BAD.

(20,400) 331

I SHOULD KNOW SOON IF THERE'S THE NEED TO BE OVERLY CAUTIOUS OF RAW VEGETABLES / ^{COOKED} MEAT AS THAT WAS PART OF THE MEAL. I'D THINK THAT WAS MORE OF A PROBLEM IN CENTRAL SPAIN WHICH GETS FEWER TURISTAS; POSSIBLY THEIR STANDARDS ARE LOWER. TIME WILL TELL...

(6-126)

(70km)

DAMN! THE SHOWERS WERE HOT THIS A.M. I MANAGED TO WASH ONE LEG, MY CROTCH, & BOTH ARMPITS BEFORE I HAD TO GET OUT. I'D HAD THOUGHT COLD SHOWERS WOULD BE MOST PROBABLE IN SPAIN. STILL, I GUESS HALF CLEAN AIN'T THAT BAD.

BREAKFAST WAS PRETTY SKIMPY TODAY. ABOUT 4" OF SKINNY FRENCH BREAD WITH BUTTER & JAM PLUS A CUP OF 50/50 COFFEE; MILK (WHICH WAS GOOD AS THE COFFEE, AS USUAL, WAS VERY STRONG). STILL, IT WAS ENOUGH TO GET ME TO THE NEAREST BAKERY.

I TRIED CALLING MIKE DIRECT SO I COULD HAVE THE BIKE PARTS I NEED SENT TO GIBRALTAR FOR ME. I ENDED UP SPENDING ABOUT 600 PESETAS IN A PAY PHONE AT THE POST OFFICE WITH ABSOLUTELY NO RESULTS.

(20,400)

331

I STILL HAVE NO IDEA WHAT I DID WRONG.

AFTER THAT I WAS PRETTY PANIC STRICKEN; WENT TO THE TOURIST OFFICE FOR SALVATION. IT TURNS OUT THAT THE TELEPHONE COMPANY HAS A PUBLIC TELEPHONE CENTER FROM WHICH TO MAKE ANY SORT OF LONG DISTANCE CALL. SO I WENT THERE; DID A DANCE, SO TO SPEAK, UNTIL I COULD MAKE IT UNDERSTOOD WHAT IT WAS THAT I WANTED TO DO.

FIRST I CALLED MIKE; GOT A RECORDED CALL FOR HIS NEW NUMBER; A LOT OF FUNNY BEEPS AT HIS OLD NUMBER, THOUGH I TRIED BOTH SEVERAL TIMES. THEN I TRIED TO CALL GEORGE COLLECT, BECAUSE I COULDN'T GET THE OPERATORS TO GIVE ME THE COUNTRY CODE I NEEDED; AFTER ABOUT A FIFTEEN MINUTE WAIT FOR MY CALL TO GO THROUGH I WAS TOLD THE CHARGES WEREN'T ACCEPTED. I IMAGINE JOYCE'S MOTHER, NEW, ANSWERED; JOYCE; GEORGE WERE OUT.

NEXT I TRIED CALLING BEN IN HOLLAND; HE MUST HAVE BEEN OUT. I THOUGHT OF CALLING MOM, BUT IT WAS PROBABLY 2 OR 3 AM, SO THAT WAS OUT.

AND THEN IT FINALLY DAWNED ON ME TO CALL

(20,400)

331

ALAN EVEN THOUGH IT WAS PROBABLY 5 AM OR SO THERE. OF COURSE I GOT THROUGH; I'M SURE SHE'LL GET THE STUFF TO ME WITHOUT ANY PROBLEMS.

I WAS GREAT TO TALK TO HER. IT WAS DEFINITELY A RUSH - A FEELING OF BEING WANTED. I CERTAINLY HOPE THE DAYS PASS QUICKLY UNTIL I'M READY TO GO BACK HOME. I DIDN'T GET TO TALK LONG AS I ONLY HAD A LITTLE MONEY; WAS UNSURE OF THE COST. IT HURT THE OL' BUDGET A BIT - OVER 1400 PTAS (OVER \$10), BUT IT WAS WORTH IT.

AFTER ALL THAT I WENT TO THE BANK (OPEN 'TIL 12:30 ON SATURDAYS); CHANGED \$100; GOT A LOUSY EXCHANGE RATE - (138.75 PTAS PER \$) MINUS A 250 PTA (\$175) COMMISSION.

BUT AT LEAST NOW I'M SET; THINGS SHOULD GO O.K. IF I DON'T HAVE TROUBLE FINDING FOOD TOMORROW OR MONDAY. FINDING A STORE TODAY WAS A BIT DIFFICULT; I IMAGINE THINGS COULD GET WORSE AS I HEAD INTO LESS POPULATED AREAS.

I'M STAYING AT THE HOSTEL IN THE TOWN OF ALSASUA TONIGHT. IT WAS A REAL CHALLENGE TO FIND THE PLACE. LUCKILY THERE'S SOME SORT OF

20,480

382

CRITERIUM BEING HELD HERE TODAY. A LOT OF NON-ENGLISH SPEAKING BIKE ENTHUSIASTS HELPED ME OUT. AFTER ONE TELEPHONE CALL, A LOT OF ARM WAVING & SMILING, I WAS ESCORTED TO THE DOOR BY A MAN IN HIS CAR.

THE SPANISH (& FRENCH, ETC...) ARE GREAT PEOPLE. VERY FRIENDLY THOUGH YOU CAN ALWAYS FIND ONE OR TWO IN THE CROWD THAT SEEM TO REGARD YOU AS A MORON. STILL - SMILE, POINT, SPEAK. YOU WILL BE ACCOMMODATED.

6-8-86

80km

I MANAGED TO FIND A FOOD STORE OPEN A FEW FEET FROM THE HOSTEL, SO I HAD ORANGE JUICE & DONUTS WHILE I WATCHED THE BIKE RACE FOR A WHILE. I DISCOVERED THE DIFFERENCE BETWEEN WHAT ~~WATER~~^{SUGAR} WATER & PLAIN WATER. LOOK LIKE QUITE BY ACCIDENT, BUT NO BIG DEAL, I JUST DRANK FLAT ~~WATER~~^{SUGAR} WATER ALL DAY.

IT NEVER CEASES TO AMAZE ME HOW AFTER ALL THESE MILES THERE ARE STILL SOME INCREDIBLY BASIC THINGS ABOUT BICYCLES THAT I DON'T KNOW. LIKE THAT IF YOU DON'T HAVE YOUR BRAKES^{ADJUSTED} SO

20,480

382

THAT THE PADS DON'T EXTEND OVER THE RIM, THAT AFTER THE PADS WEAR DOWN THEY CAN RUB AGAINST THE TIRE, DAMAGE THE CORD, CAUSING THE DAMAGED AREA TO WEAR PREMATURELY & POSSIBLY CAUSE A BLOWOUT. I KNEW THAT PART ABOUT A BLOWOUT, BUT IT NEVER DAWNED ON ME ABOUT THE CORD DAMAGE.

OF COURSE I LEARNED BECAUSE I HAD TO CHANGE TIRES THIS MORNING, THROWING OUT THE REAR TIRE, PUTTING THE FRONT ON THE REAR & PUTTING THE FOLDING TIRE ON THE FRONT. THAT WAY IF THE TIRE AREA SENDS ME ISN'T A FOLDING TIRE I CAN TAKE THE FRONT OFF^{AGAIN}. IT WILL BE ALMOST AS GOOD AS NEW.

I NOTICED THAT THE REAR TIRE ISN'T Kevlar BELTED. I THOUGHT TO MYSELF THAT MAY MEAN MORE FLATS, SURE ENOUGH TEN MILES DOWN THE ROAD I HAVE FLAT #14.

THE REST OF THE DAY WAS UNEVENTFUL. I SPENT A WHILE IN THE CENTER OF VITORIA LISTENING TO AN ORCHESTRA PLAY IN THE PARK. THE CENTER WAS REALLY BEAUTIFUL, BUT IT WAS SURROUNDED

29,480

382

BY A RING OF APARTMENTS AT LEAST ONE KILOMETER THICK, WHICH IS SEEMINGLY TYPICAL OF LARGER CITIES IN SPAIN.

ONE OF THE INTERESTING THINGS ABOUT HEARING CASTILIAN SPANISH IS THAT EVERYBODY "LITHPTHS" (LISPS) THEIR S'S & C'S. IT'S KIND OF NICE BECAUSE IT'S SORT OF A LAZY WAY OF TALKING & I LIKE BEING LAZY.

I'M STAYING AT THE HOSTEL IN MIRANDA DE EBRO. IT'S MORE LIKE A DAMN THREE STAR HOTEL: TWO BEDS & A SHOWER PER ROOM, VERY SPACIOUS, CLEAN SHEETS ON THE BED, & ENOUGH TOILET PAPER (FOR A CHANGE).

THIS ~~SE~~ SEEMS TO BE HAY FEVER COUNTRY AGAIN & IT MAY BE ALMOST ALL THE WAY TO GIBRALTAR. I HOPE NOT SINCE TO AVOID IT I'D HAVE TO GO TO PORTUGAL & THAT WOULD MEAN SPENDING LESS TIME PRACTICING MY SPANISH.

I ALSO TRIED TREATING MY WATER WITH IODINE FOR THE FIRST TIME & IT'S NOT BAD STUFF. I'LL DO THAT REGULARLY TO AVOID BUYING BOTTLED WATER (40-50 PTAS FOR 1/2 LTR). IT HAS THE

29,980

383

ADDED BENEFIT THAT A LOT OF WELL WATER IS COLD, EVEN AFTER GIVING THE IODINE TWENTY MINUTES OR SO TO TAKE EFFECT.

ONE INTERESTING THING ABOUT ^{SPANISH} ~~THE~~ LEFT TURN LANES IS THEY DON'T PUT THEM IN THE MIDDLE OF THE ROAD (AT LEAST NOT ON THE HIGHWAYS), INSTEAD THEY ARE OFF TO THE RIGHT:



(OR AT LEAST I THINK IT'S INTERESTING).

6-9-86

80 km

IT'S BEEN A PRETTY EXPENSIVE DAY:

200	PESETAS	FOR FOOD
200	PESETAS	FOR ALLERGY PILLS
1350	"	FOR SUNGLASSES
100	"	FOR STAMPS
300	"	FOR LUNCH

AND IT'S NOT EVEN EVENING YET!

THE SUNGLASSES WERE PRETTY EXPENSIVE BECAUSE I COULD ONLY GET THEM AT ANY OPTICIAN, BUT I LIKE 'EM CAUSE THEY'RE FUNKY-LOOKING (THEY WERE,

20,960

383

THE CHEAPEST THEY HAD) ; I'm PRETTY SURE THEY'LL
BLOCK ULTRAVIOLET RAYS WELL THOUGH THERE'S NO
WAY OF TELLING.

OH YEAH, I ALSO BOUGHT SOME TIRE PATCHES FOR
225 PESETAS ; 2 ENVELOPES FOR 8 PESETAS.

THE EVENINGS OVER ; I'VE SPENT ANOTHER
350 PTAS ON FOOD ; 100 PTAS ON BEER - OVER 2800
PTAS (\$20) IN ONE DAY ! BUT IT INCLUDES A LOT OF
~~UNUSUAL~~ UNUSUAL EXPENSES, SO HOPEFULLY THINGS WILL BE A
BIT CHEAPER IN THE FUTURE.

IT WAS HOT TODAY : 75° IN THE SHADE ; 85°-90° IN
THE SUN. I THOUGHT I COULD HANDLE IT, BUT I
GUESS I'M NOT USED TO THE HEAT ANY LONGER. I GUESS
GETTING AN EARLY START ; TAKING A SIESTA IN THE
AFTERNOON MAY BECOME THE ORDER OF THE DAY, BUT
TOMORROW THAT WON'T BE THE CASE AS I'M STAYING
IN A HOSTAL, A SORT OF CHEAP HOTEL, WITH A GUY
I MET WHO COMES FROM NEAR DOHENY BEACH, CA.

I'M STAYING THE NIGHT IN BURGOS AT THE VICTORIA
HOSTAL ON CALLE SAN JUAN (#3). IT'S 1200 PTAS FOR
TWO PEOPLE (OH YEAH - THAT MAKES ABOUT \$25 TODAY).

20,960

383

IT'S NOT TOO BAD ; NOT TOO NICE.

STEVE, THE GUY I'M SHARING THE ROOM WITH
I MET AS I WAS TRYING TO FIND THE TOURIST
OFFICE ; I SAW HIM READING A 'LET'S GO: EUROPE'
BOOK, SO I ASKED HIM FOR HELP. WE FOUND
THE PLACE A FEW FEET AWAY ; IT WAS CLOSED.
I WANTED TO CAMP, BUT THE ONLY CAMPGROUND
WAS BACK THE WAY I CAME, SO I SUGGESTED
SPLITTING A PLACE AS IT SAVED HIM 300 PTAS ;
ME A RIDE IN THE WRONG DIRECTION ; A LONG HOT
WAIT FOR THE SUN TO SET.

AFTER WE'D BEEN HERE AWHILE I WALKED OUT
ON THE BALCONY ; SPOTTED A JAPANESE FELLOW
THAT I MET WHEN I WAS WITH MASAYUKI IN
SAN SEBASTIAN. HIS NAME IS YOSHIOA ; HE'S
BEEN TRAVELLING AROUND FOR THREE YEARS ; WILL
CONTINUE ON FOR ONE MORE YEAR BEFORE GOING
HOME.

WE WENT OUT FOR A BEER TOGETHER ;
HE SHOWED ME HIS ~~PASSPORT~~ PASSPORT WITH ALL THE
VISAS IN IT FROM HIS TRAVELS IN SOUTH AMERICA.
HE CLAIMED THAT FOR EACH COUNTRY HE ENTERED

20,710

384

HE HAD TO PAY A BRIBE WHICH WAS USUALLY TEN DOLLARS / COULD USUALLY BE BARGAINED DOWN A FEW DOLLARS.

Torropi

SOUVENIR ORANGE LABEL

6-10-86

150 km

I HAVEN'T DONE A DAMN THING RIGHT ALL DAY. OR AT LEAST NOT SINCE I PASSED THE TURN-OFF TO PALENCIA. I SHOULD HAVE STAYED AT THE HOSTEL THERE, BUT PUSHED ON TO VALLADOLID ONLY TO FIND THE TWO HOSTELS THERE - AREN'T OPEN YET.

I GOT TO VALLADOLID TOO LATE TO FIND OUT WHERE A CHEAP 'HOSTAL' WAS; SPENT AN HOUR OR MORE LOOKING FOR ONE WITH NO LUCK. SO I PUSHED ON SOUTH IN SEARCH OF THE CAMPGROUND IN SIMANCA ONLY TO FIND IT CLOSED. THEN I MET TWO 'CYCLISTS' ~~WHO~~ SAID THERE WAS A CAMPGROUND 15 km DOWN THE ROAD. AFTER 10 km I SAW A SIGN FOR IT THAT SAID IT WAS 12 km AWAY. SO THEN I STARTED PASSING GROVES OF PINE TREES; DECIDED TO FREE CAMP DESPITE SIGNS TO THE CONTRARY.

20,800

385

SO FAR SO GOOD. IT'S MORNING NOW: NOBODY HAS BOTHERED ME. THINGS WILL BE FINE IF I CAN GET BACK TO THE HIGHWAY WITHOUT BEING SPOTTED BY THE VERY FREQUENT HIGHWAY PATROLS, BUT THAT SHOULD BE A PROBLEM.

I'M CAMPED ABOUT 6 km NE OF TROESILLA. THE COUNTRYSIDE IS VERY SIMILAR TO THAT OF THE SAN JOAQUIN VALLEY IN CALIFORNIA / HWY 20 IN EASTERN COLORADO. I'M STARTING TO HEAR A LOT OF RATTLESNAKES ALONG THE ROADSIDE, ANOTHER CONCERN ONCE I LEAVE HERE.

I FORGOT IT HAD RAINED QUITE A BIT THE LAST TIME I CAMPED; SO TENT / SLEEPING BAG WERE STILL DAMP / BEGINNING TO SMELL A BIT MUSTY.

6-11-86

90 km

IT'S BEEN ANOTHER HOT (90°) SLOG INTO A SLIGHTLY BRISK WIND. THE WIND SLOWS MY PROGRESS, BUT ALSO KEEPS ^{ME} COOL.

THE TERRAIN TODAY WAS TYPICAL OF ANY SEMI-ARID REGION I'VE CYCLED THROUGH. IT COULD HAVE BEEN KANSAS, COLORADO, CALIFORNIA, OREGON, IDAHO, OR ONTARIO.

(20,800)

385

I PULLED INTO SALAMANCA AROUND 3:00 PM. I HAD THE USUAL HARD TIME FINDING THE OFICINA DE TURISMO: THE ONLY WAY IS TO ASK, IN SPANISH, ANYONE NEARBY. IF HE SAYS MORE THAN TWENTY WORDS JUST SMILE, SAY GRACIAS, & GO IN THE DIRECTION HE POINTS.

THE PLACE WASN'T OPEN UNTIL 5:00 SO I WAS WANDERING AROUND LOOKING FOR A PLACE TO SIT IN THE SHADE. RELAX WHEN AN ^{BRIT} AUSTRALIAN, PHILLIP, ASKED ME IF I WAS LOOKING FOR A ROOM. HE; ANOTHER FELLOW, ALEX, HAD JUST HAD TO TAKE A THREE BEDROOM ROOM IN A HOSTAL IN THE MAIN PLAZA OF TOWN; WANTED ME TO CUT EXPENSES. IT WAS STILL ONLY 600 PTAS/NIGHT.

PHILLIP, ALEX, & I WENT OUT TO DINNER WITH CHRIS & MARGOT, THE TWO CANADIAN GIRLS NEXT DOOR. MOST RESTAURANTS IN SPAIN DON'T EVEN OPEN UNTIL 8 PM. PEOPLE USUALLY DON'T GO OUT TO EAT UNTIL ABOUT 10 PM, SO AT 10 PM WE WENT TO A NICE LITTLE PLACE, THE NAME OF WHICH I DON'T RECALL, & HAD EL MENU DEL DIA: LENTIL SOUP, TROUT, FRIES, RICE PUDDING; RED WINE,

(20,800)

385

FOR 650 PTAS EACH.

WHEN WE WERE DONE THE FIESTA DE SAN JUAN DE ^{SAHAGUN} ~~SAN JUAN~~ WAS REALLY CRANKED UP. THIS IS THE ELEVENTH DAY OF THE FIESTA & TOMORROW IS THE TWELFTH & FINAL DAY. IN FACT ALL BANKS & STORES WILL BE CLOSED TOMORROW & THERE WILL BE EVENTS PLANNED THROUGHOUT THE DAY, MOST OF WHICH ARE HELD IN PLAZA MAYOR WHICH IS RIGHT OUTSIDE OUR WINDOW.

RIGHT NOW IT'S 2 AM & THERE'S A BANDO PLAYING & PEOPLE DANCING, BEING DRUNK, & BREAKING BOTTLES DOWN BELOW. FROM WHAT I'VE HEARD THINGS WILL PROBABLY GO ON 'TIL AT LEAST 4 OR 5.

THE NAME OF THE PLACE I'M STAYING AT IS PENSION LOS ANGELES & IT'S ON THE PLAZA MAYOR WHICH SALAMANCA'S TOURIST BROCHURES DESCRIBE AS THE MOST BEAUTIFUL IN SPAIN & I HAVE TO AGREE. I'D GIVE ANYTHING FOR A PICTURE OF THE PLAZA LIT UP AT DUSK.

WE DID QUITE A BIT OF BAR HOPPING LAST NIGHT & BARS SEEM TO BE ONE OF SPAIN'S GREAT

(20,800) (386)

BARGAINS. FOR 50 PTAS YOU GET A SMALL GLASS (200 ml +/-) OF BEER + A BAR SNACK WHICH IS EITHER A LARGE FRENCH FRY, A SMALL TORTILLA FILLED WITH CHEESE, OR FRIED PORK RIND, ETC... A HUGE MIXED DRINK COSTS FROM \$1.50 - \$2.!

(612-86)

(No km's)

MY HAY FEVER HAS PICKED A LOUSY TIME TO GIVE ME PROBLEMS, BUT THINGS AREN'T TOO BAD. I CAN SEE MOST OF THE FESTIVITIES FROM OUR BALCONY; IT GIVES ME AN EXCUSE NOT TO PAY 900 PTAS TO SEE THE FIVE BULLFIGHTS LATER TODAY. HOPEFULLY I CAN FIND A MORE REASONABLE DEAL ELSEWHERE IN SPAIN.

I'M DEFINITELY GOING TO ALLOW MYSELF TO SPEND MORE MONEY WHILE HERE. NOT DOING SO IS ABSURD, SINCE CHEAP HOTELS; CHEAP MEALS MAKE PAYING FOR CAMPING + EATING OUT OF MARKETS SEEM LIKE A WASTE OF TIME.

I MAY ALSO INVEST IN A COPY OF 'LET'S GO EUROPE' WHILE HERE TO GET A BETTER IDEA OF WHAT TO DO + SEE; TO TAKE THE PRESSURE OFF REACHING THE GREAT TRAIL EARLY IN THE DAY IN

(20970) (387)

ORDER TO FIND THE TOURIST OFFICE OPEN.

I GOT OUT A BIT TODAY, BUT THE HAY FEVER IS DEFINITELY CRAMPING MY STYLE. MOST OF THE DAY I'VE SPENT INDOORS LAYING DOWN. I'LL BE GLAD TO HEAD FOR PORTUGAL TOMORROW; LEAVE ALL THE GRASS POLLENS BEHIND.

(6-13-86)

(170 km)

FRIDAY THE 13TH. MY LONGEST; PERHAPS EASIEST DAY IN EUROPE (MILEAGE WISE); ALL-IN-ALL A GREAT DAY.

I GOT OFF TO A LATE START TODAY (I THINK AROUND 11:30); HEADED WEST-SW WITH A GREAT TAILWIND. I WAS IN HIGH GEAR ON THE FLATS - PROBABLY DOING BETTER THAN 25 MPH - EVEN ON HILLS I WAS IN A HIGHER GEAR THAN WHEN I RODE FROM BURGOS TO VALLADOLID.

I STOPPED TO LOOK AROUND CIUDAD RODRIGO, AN OLD FORTIFIED CITY; STOCKED UP ON FOOD THERE THINKING I'D CAMP IN PORTUGAL SOMEWHERE; NOT KNOWING IF I COULD GET ANY MONEY CHANGED. I BOUGHT 1150 ESCUDOS, 1000 LIRA, +

(21,130) ~~200~~

100 DRACHMA FROM MARGO / CHRIS FOR 1200 PTAS.
NOT A GREAT DEAL, BUT FAIR / NO COMMISSIONS
/ A BIT OF INSURANCE IN CASE I COULDN'T
CHANGE MONEY TODAY. I DID, \$60, AT 148.3
ESCUDOS, PROBABLY NOT TOO GOOD, BUT IT
STILL WORKS OUT TO 1 ESCUDO = 2/3 CENT.

I'M STAYING IN GUARDA, THE HIGHEST TOWN
IN PORTUGAL (1040m) AT RESIDENCIAL GONÇALVES,
RIGHT ON THE TOWN SQUARE, FOR 600 ESCUDOS
IN A ROOM TO MYSELF. ONLY \$4/NIGHT FOR A
TINY ROOM WITH LACE CURTAINS! IT'S GREAT!

(6-14-84)

(160 Km)

GOOD, IT'S TURNED OUT TO BE A GREAT DAY! IT STARTED
OUT WITH A FREEZING DOWNHILL FROM GUARDA / FROM
THERE IT WAS UP / DOWN ALL DAY WITH THE THERMO-
METER FINALLY EDGING OVER 90°.

AS ALWAYS, I GOT INTO TOWN (COIMBRA, THE FIRST
CAPITAL OF PORTUGAL) LATE / WAS A BIT PANICKED
ABOUT FINDING THE CHEAP SIDE OF TOWN / A CHEAPER
PLACE TO STAY. AND TO ADD TO THINGS I WAS
STARVING / ~~DEHYDRATED~~ DEHYDRATED, TOO.

I ASKED ABOUT PRICES AT A ONE-STAR HOTEL

(21,130)

388

/ TWO STAR PENSION WHICH I FOUND AFTER
SOME DIFFICULTY / WAS TOLD 1000\$00 (1000
ESCUDOS) / I WASN'T WILLING TO PAY MORE THAN
800\$00.

SO I DUCKED DOWN A COUPLE OF SIDE STREETS
/ FOUND A NUMBER OF NO-STAR PENSIONS. I
TRIED THE "FLOR DE COIMBRA" FOR ABSOLUTELY
NO REASON AT ALL. WITH SOME MORE DIFFICULTY
I WAS SHOWN A ROOM FOR \$700\$00 (WITH 3
BEDS) / THOUGH IT WAS NOT TOO GREAT DECIDED
NOT TO PISS AROUND IN HOPES OF EATING SOONER.

THE PENSION HAD WHAT LOOKED TO BE GOOD
MEALS BUT SINCE IT WAS CROWDED BY A COUPLE
OF PARTIES BY UNIVERSITY STUDENTS I DECIDED
TO TRY ELSEWHERE. AS LUCK WOULD HAVE IT I
DIDN'T HAVE MUCH LUCK FINDING A LESS UNCOM-
FORTABLE PLACE IN MY PRICE RANGE.

~~SO~~ I WENT BACK DESPITE THE NOISE / PARTIES /
AM I GLAD! FOR 300\$00 I WAS STUFFED - BEAR
IN MIND I WAS RAVENOUS FROM CYCLING SO FAR - WITH
"TURKEY STEAK", FRENCH FRIES, WHITE RICE /
TWO ROLLS (ONLY COULD EAT 1/2 OF ONE ROLL).

21,130 388

TO TOP IT OFF I GAVE THE WAITRESS A 50\$/00 TIP (THE TOTAL BILL WAS 400\$/00 - I HAD TWO BEERS) SHE WAS OVERWHELMED. I COULDN'T BEGIN TO COUNT THE NUMBER OF "OBRIGADO'S" (THANK-YOU'S) I HEARD.

MY ONLY REGRET IS THAT THE KITCHEN IS CLOSED ON SUNDAYS.

6-15-86

NO KIN'S

I CONSIDERED HEADING SOUTH TODAY, BUT MY BUTT TOLD ME IT DIDN'T WANT ANY PART OF IT. SO INSTEAD I WANDERED AROUND TOWN TAKING IN THE SIGHTS.

COIMBRA IS VERY AWKWARD BECAUSE IT DOESN'T HAVE A CENTRAL PLAZA WHERE YOU CAN MEET OTHER TRAVELLERS. EVERYTHING IS SPREAD OUT; THERE'S NO REAL FOCUS TO THE TOWN.

I SPENT A GOOD PART OF THE DAY LOOKING AROUND IN HOPES OF FINDING A FELLOW TRAVELLER TO HAVE DINNER WITH, BUT ~~W~~ WITHOUT LUCK. I ENDED UP DINING AROUND THE CORNER FROM HERE AT A PLACE A BIT MORE EXPENSIVE, BUT LESS FILLING THAN THE PENSION LAST NIGHT.

I MET AN ANONYMOUS DUTCH FELLOW AFTER DINNER

21,130 388

WE HAD THE STANDARD "AMERICANS TRAVEL THROUGH EUROPE IN THE WRONG WAY" CONVERSATION. BASICALLY THAT MEANS WE DON'T SPEAK THE LANGUAGE, WE MOVE ON TOO FAST, WE'RE NOT TOO BRIGHT FOR DOING SO. I COUNTERED WITH THE OLD "AMERICANS USUALLY COME TO EUROPE ONCE IN A LIFETIME" ROUTINE; THE "EUROPEANS VISIT NEW YORK OR LOS ANGELES; SAY THEY'VE SEEN AMERICA" SPEECH, SO HOPEFULLY I'VE DIMINISHED A BIT OF INTOLERANCE IN DOING SO.

WE ALSO HAD THE OLD STANDBY "AMERICAN BOMBING LIBYA WAS WRONG BECAUSE EUROPEANS SUFFERED THE RETALIATION" SPEECH, WHICH I COUNTERED WITH MY OLD FAVORITES "AMERICANS ARE THE TARGETS OF TERRORISM IN EUROPE"; "THE EUROPEANS WERE ATTACKED ONLY TO DRIVE A WEDGE BETWEEN THE U.S. & EUROPE TO ASSURE THAT NO FURTHER ACTION AGAINST TERRORISM WOULD TAKE PLACE". I SOME TIMES WONDER IF EUROPEANS JUST AREN'T TOO BRIGHT (I USED TO THINK THEY WERE TERRIBLY INTELLECTUAL) OR IF THERE ARE JUST AS MANY AMERICANS WALKING AROUND NOT AT ALL AWARE OF BOTH SIDES OF THE STORY. PROBABLY THE LATTER.

21,250

389

PS. - I'M DRINKING TAP WATER + EATING MEAT + ALL THE OTHER THINGS THAT ARE SUPPOSED TO MAKE YOU SICK + I FEEL FINE. HOPEFULLY DOING SO WILL PREPARE MY SYSTEM FOR AREAS WHERE HYGIENE REALLY IS A PROBLEM.

6-16-86

120km

IT STARTED OUT COOL + MISTY TODAY, A PLEASANT SURPRISE SINCE IT WAS NECESSARY TO CLIMB INTO THE MOUNTAINS RIGHT AWAY.

~~THEY~~ I BEGAN THE DAY WITH A TRIP TO THE POST OFFICE. THEY HAD A GREAT PHILATELIC COUNTER THERE, SO I BOUGHT STAMPS OF PORTUGAL, THE AZORES, + MADEIRA ISLAND FOR MIKE JR. I HAD TO GO TO A SEPARATE COUNTER TO MAIL THEM + THE TEN POSTCARDS I HAD ACCUMULATED IN THE FIRST WEEK OR SO. I WAS A BIT DISGUSTED WITH HAVING TO WAIT FIFTEEN MINUTES FOR THE FIVE PEOPLE IN FRONT OF ME TO BE HELPED, BUT WAS SHOCKED WHEN IT TOOK TEN MINUTES TO TRANSACT MY BUSINESS. IT WAS A REAL FARCE. HE MUTILATED TWO OF MY POSTCARDS TRYING TO RUN THEM THRU A METER MACHINE + THEN PUT

21,330

390

TAPES ON THE REST + PARTIALLY BLOCKED THE ADDRESSES OR MESSAGES. ANYWAY THE WHOLE EPISODE WAS A TEXTBOOK CASE OF INEFFICIENCY + IN THE END IT COST ME 850 ESCUDOS - POST CARDS ARE 63 1/2 ESCUDOS EACH, A BIT MORE THAN SPAIN.

THE MAJOR SIGHTSEEING FOR THE DAY WAS CONIM-BRIGA, THE RUINS OF A ROMAN VILLAGE 15 KM S. OF COIMBRA. OTHER THAN THAT IT WAS THE STANDARD CASTLES + CHURCHES, + MONASTERIES.

I SPENT THE NIGHT AT THE HOSTEL AS SAO PEDRO DE MOEL. THE VIEW WAS GREAT, BUT 630 ESCUDOS TO SLEEP IN A DORM SEEMED STEEP, ESPECIALLY SINCE LAST YEAR IT WAS 420 WITH BREAKFAST. THIS PLACE DIDN'T SERVE BREAKFAST.

61786

80km

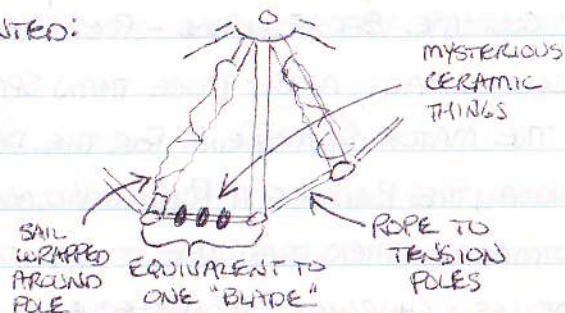
I AWOKED TO FIND ABOUT 2000 TINY LITTLE ANTS SWARMING OVER SOME OLD FOOD WRAPPERS I'D LEFT IN ONE OF MY PANNIERS. IT TOOK A BIT OF POUNDING THE PANNIER AGAINST THE PAVEMENT OUTSIDE TO SHAKE 'EM LOOSE.

I TRAVELLED AT LEAST 75 KM OF ROUGH ROAD TODAY, BUT I HAD THE BENEFIT OF VERY LITTLE TRAFFIC + SO IT WAS FAIRLY ENJOYABLE. IT WAS MORE OF THE STANDARD

21,330

390

SIGHTSEEING STUFF TODAY, WITH THE EXCEPTION OF SOMETHING NEW (IN A SENSE): PORTUGUESE WINDMILLS. THEY SEEM A BIT UNIQUE BECAUSE OF THE WAY THE SAILS ARE MOUNTED:



THE CURIOUS THING IS THE CERAMIC THINGS ON THE ROPE OF THE "BLADE" AREA. PERHAPS THEY'RE USED TO SOMEHOW TAKE UP SLACK ON THE LINE OR TO ANCHOR THE SAIL AT THE BOTTOM. HOPEFULLY I'LL GET A BETTER LOOK; FIND OUT FOR SURE.

I'M IN SANTARÉM TONIGHT WHICH LIES ABOVE THE PLAIN TO LISBON (WHICH MEANS NO MORE HILLS FOR AWHILE). I GOT A BED FOR THE NIGHT FOR 500 ESCUDOS THOUGH I COULD HAVE PAID LESS I'M SURE. BUT THE LANDLADY WAS VERY HELPFUL LETTING ME WASH & DRY MY CLOTHES, SO I THINK I'VE MADE A GOOD DEAL. NOW I'M OFF TO TOWN IN SEARCH OF CHEAP GRUB.

21,405

390

I DIDN'T HAVE MUCH ^{LUCK} WITH FOOD TONIGHT. I ATE AT A CAFÉ DOWN THE STREET, THE ONLY CHEAP PLACE I COULD FIND, "HAD A "COMBINADO" RATE OF HAM, ROAST BEEF, BACON, A FRIED EGG, SALAD, FRENCH FRIES, & TWO ROLLS. WITH WINE & TIP IT WAS 500 ESCUDOS. IF I HAD HAD BEER INSTEAD OF "VINHO VERDE" I COULD HAVE SAVED 100 ESCUDOS. I'LL LEARN.

I NOTICED TODAY THAT MY BACK IS TANNED IN STRIPES FROM MY GREEN & WHITE STRIPED T-SHIRT.

6-18-86

75km

A REAL EASY DAY. I THINK I HIT THE ROAD SHORTLY BEFORE 9AM & WAS AT THE TOURIST OFFICE IN LISBOA AT 12:30.

I FINALLY GOT A ~~REASON~~ REASONABLE RATE CHANGING MONEY. I CASHED A \$50 CHECK AT THE RATE OF ABOUT 2.26. THE DOLLAR WAS AT 1.49, SO THAT SHOULD MEAN IT'S ABOUT THE SAME AGAINST THE POUND AS WHEN I BOUGHT THE CHECKS. THAT'S A RELIEF BECAUSE THE POUND TOOK A SUDDEN PLUNGE AT THAT TIME & I THOUGHT IT MIGHT DROP LOWER. I DECIDED NOT TO LOOK FOR A ROOM BUT DROPPED


(21,405) 

MY STUFF OFF AT THE HOSTEL INSTEAD. IT ALSO IS 110 ESCUDOS MORE EXPENSIVE THAN LAST YEAR, BUT AT LEAST I GET BREAKFAST; THERE AREN'T A BUNCH OF SIGNS TELLING ME TO CLEAN UP AFTER MYSELF.

LISBOA IS A NICE CITY. IT HAS SOME GREAT STREETSIDE PARKS, OLD TRAMS THAT ARE QUITE COLORFUL, GREAT KIOSKS (THAT SELL LOTTERY TICKETS). I WAS IN THE CENTRAL DISTRICT YESTERDAY, WHICH WAS LIKE A HUGE STREET FAIR, WITH CRAFTSMEN CREATING WIRE BICYCLES WHILE THEY SOLD THEIR GOODS, ARTISTS DOING GREAT PAINTINGS (IN CHALK) ON THE PAVEMENT.

I ACTUALLY WENT OUT TO EAT TWICE. FOR LUNCH I WENT TO THE PARAISO RESTAURANTE; FOR 270 ESCUDOS HAD A SORT OF SOFT SAUSAGE w/ EGG; FRIES. FOR DINNER I WENT TO AN ITALIAN PLACE w/ A GIRL NAMED MARY FROM DALLAS WHO'S ALSO 'CYCLING ALONE HERE (HEADIN' N.). THE PLACE WAS GREAT. LINEN TABLECLOTHS, THE WORKS. SALAD, LASAGNA, BREAD, DESERT, WINE, COFFEE WORKED OUT TO 950 ESCUDOS EACH (INCLUDING TIP).

6-19-86

(21,405) 

No km's

ANOTHER RELAXED DAY. MARY & I SPENT THE DAY TOGETHER SEEING A FEW OF THE SIGHTS. WE SUPPLEMENTED THE MEAGER HOSTEL BREAKFAST WITH PASTRIES & SODA AT SMALL GROCERY STORE.

THE LOCAL TRANSIT SYSTEM IS A BIT ODD. THEY SELL TICKETS FOR THE TRAMS, BUSES, SUBWAYS, & PUBLIC ELEVATORS IN THE CITY, SO WE DECIDED TO TRY 'EM ALL OUT. BUSES WERE MOST EXPENSIVE AT 85\$ (\$ = ESCUDOS), TRAMS WERE 55\$, THE SUBWAY WAS 35\$ (32\$50\$ IF BOUGHT FROM A MACHINE), & THE ELEVATOR WAS ONLY 17\$ & NEEDLESS TO SAY IT WAS THE SHORTEST TRIP.

WE FOUND THE CHEAP RESTAURANT DISTRICT ON RUA DOS CORREIOES, DOWNTOWN. WE STOPPED AT A BUSY LITTLE PLACE & PIGGED OUT, BEER, & ALL, FOR ABOUT 475\$ EACH. I HAD PORK & FRIES THAT WAS SUPPOSED TO COME WITH RICE, BUT I GOT THIS PUREED GREEN STUFF INSTEAD. I DON'T KNOW WHAT IT WAS BUT I LIKED IT.

WE DID A BIT OF SIGHTSEEING AT PRACA DO COMERCIO & TORRE DE BELEM & WALKED JUST A

(21,405) 393

BUT TOO MUCH. MY CALVES ARE REALLY FEELING IT,
THOUGH I'M SURE I'LL SURVIVE.

MARY: I FOUND A GREAT PLACE TO EAT. IT HAS NO
NAME; THE STREET SIGN WAS EVEN UNREADABLE. WE
HAD SALAD, DINNER, & WINE FOR UNDER 800#. I HAD
"ISCA" BECAUSE I HAD NO IDEA WHAT IT WAS. IT
TURNED OUT TO BE LIVER; WAS QUITE GOOD, ESPECIALLY
FOR 230#. THE OTHER GREAT THINGS ABOUT THE
MEAL WERE 3/4 LITER OF WHITE WINE FOR 90#,
TOSSED SALAD FOR 60#, & BEING CHARGED ^{ONLY} 750#
FOR ROLLS INSTEAD OF THE TOURIST PRICES OF 15# OR
20# THAT ARE USUALLY THE CASE. TO TOP IT ALL OFF
THE OWNER EVEN SHOOK OUR HANDS & SAID "MUNDO
OBRIGADO" BEFORE WE LEFT. I'M DEFINITELY GOING
BACK.

(52086)

No Knis

A RED LETTER DAY, BUT NOT IN A GOOD SENSE OF
THE PHRASE. MARY: I SET OFF TO ATTEND TO BUSINESS
& DO SOME SIGHTSEEING TODAY, BUT OUR PLANS WERE
PARTIALLY FOILED. WE WERE GETTING ON THE SUBWAY
AT ROTUNDA WHEN I HAD EXTREME DIFFICULTY TRYING

(21,405) 393

TO GET ON. I PROBABLY WOULDN'T HAVE PAID
ANY ATTENTION, BUT MY BUNKMATE AT THE HOSTEL
WAS ON THE TRAIN; I WANTED TO GET OVER TO
TALK TO HIM. SUDDENLY THREE GUYS (OR MORE?)
RUSHED OFF THE TRAIN; I NOTICED MY FANNY
PACK WAS OPEN. I CHECKED FOR MY WALLET;
GUESS WHAT? NADA!! LUCKILY MY PASSPORT &
CAMERA WERE UNTOUCHED, SO I ONLY LOST MY
WASHINGTON, FLORIDA ID.; ABOUT 6500# (ABOUT
\$40).

ON THE CHANCE I MIGHT FIND MY EMPTY
WALLET I WENT BACK TO THE SUBWAY STATION;
REALIZED THAT MY MAP CASE HAD BEEN STOLEN,
BUT I FOUND IT, MINUS MY CHEAP \$15 TIMEX WATCH
WHICH WAS MINUS A WATCHBAND - I MEAN, WHY THE
HELL WOULD THEY WANT THAT? I ALSO FOUND A
FEW PAPERS I HAD BEEN CARRYING, BUT NO WALLET.

AND I THINK I SAW THE GUYS THAT RIPPED ME
OFF AGAIN, BUT I WAS UNSURE; THEY BOARDED
THE NEXT TRAIN, SO...

MARY WAS REAL NICE; BOUGHT LUNCH FOR ME
(ANOTHER 230# SPECIAL) (FISH OF SOME SORT), SO

(21,405)

393

THE DAY IS TURNING OUT O.K. I WENT TO THE TOURIST OFFICE; FOUND OUT THERE ARE A COUPLE OF BANKS OPEN 'TIL 7:30 TONIGHT, SO WE'LL WAIT 'TIL THE HOSTEL OPENS AT 6:00 ^{THINK} TO GET MORE MONEY. I DON'T ^{THINK} I'LL REPLACE MY WALLET, BUT WILL KEEP MY EXCESS CASH IN A FILM CANISTER; KEEP WHAT I NEED FOR THE DAY ~~BE~~ LOOSE IN MY FANNY PACK.

I FEEL TODAY WAS A LESSON I NEEDED TO LEARN; AM VERY GRATEFUL IT WASN'T A MORE EXPENSIVE LESSON. SEVERAL TIMES IN THE PAST WEEK I'VE HAD A LOT MORE MONEY ON ME; IF I'D LOST MY CAMERA, BUYING AN EQUIVALENT MODEL WOULD'VE COST ABOUT \$150; LOSING MY PASSPORT + MY DRIVER'S LICENCES WOULD HAVE BEEN A NEAR DISASTER. THERE'S AN AWFUL LOT TO BE THANKFUL FOR.

MARY; I PASSED THE REST OF THE DAY AT THE ZOO, WHICH WASN'T UNUSUAL EXCEPT FOR AN ^{AN} ANIMAL CEMETARY.

WHEN WE RETURNED TO THE HOSTEL WE MET ANOTHER COUPLE, MITCH; LEONA, FROM CANADA; DECIDED TO MEET

(21,500)

394

FOR DINNER LATER DOWNTOWN. MARY; I WENT TO THE TRAIN STATION TO BUY HER TICKET TO MADRID WHICH WE HAD TRIED TO DO AT THE AMERICAN EXPRESS OFFICE EARLIER IN THE DAY. WE GOT THERE 15 MINS. AFTER THEY QUIT SELLING TICKETS FOR HER TRAIN; SO WALKED ABOUT 4 MILES OUT OF OUR WAY FOR NOTHING.

(ALSO FROM CANADA)

WE MET MITCH; LEONA; DONNA; LOUIS^A FOR DINNER AT 8PM; HIT THE CHEAP RESTAURANT DISTRICT. WITHOUT A DOUBT TRYING TO FIGURE OUT; DECIDE WHAT TO ORDER WAS MORE ENJOYABLE THAN THE MEAL THOUGH IT WASN'T BAD AT ALL.

(6-21-86)

(95km)

TODAY GOT OFF TO A GOOD START. DONNA; LOUIS LEFT THE HOSTEL EARLY, SO I GOT HER BREAKFAST TICKET; GOT 4 PIECES OF BREAD (ROLLS); TWO CUPS OF COFFEE FOR A CHANGE. IT WAS ALMOST FILLING.

THE PASSENGER FERRY ACROSS RIO TEJO WAS VERY INTERESTING. MY BIKE; I WERE FORCED TO PART COMPANY, WHICH WAS VERY ANXIETY INVOKING IN LIGHT OF YESTERDAY'S EVENTS. BUT THE EMPLOYEES SEEMED FRIENDLY ENOUGH THAT I TRIED NOT TO BE TOO CONCERNED.

(21,500)

394

ONCE UNDERWAY THINGS GOT PRETTY LIVELY. AN OLD WOMEN WITH A LEATHER HAT (COMPLETE WITH WILTED FLOWER) BEGAN SINGING SPONTANEOUSLY FOR NO APPARENT REASON. THEN A MAN GOT UP; STARTED HAWKING TOY TOPS TO THE PASSENGERS, FLIPPING THE THINGS ON THE GROUND; LETTING THEM RACE WILLY-NILLY ACROSS THE FLOOR. THEN THE SINGER GOT UP / STARTED BEGGING.

I THOUGHT AFTER HALFWAY THAT THINGS HAD CALMED DOWN, BUT JUST BEFORE DOCKING THE OLD LADY CRANKED UP HER VOCAL CORDS AGAIN FOR ANOTHER ROUND OF LUNACY. BUT MY BIKE SURVIVED THE JOURNEY / ^{IT} PASSED BACK INTO A MORE HONEST; RELAXING SETTING.

WHILE WAITING FOR A FERRY AT SETÚBAL I MET THE CHAP I'M SHARING A ROOM WITH TONIGHT, MIKE. I ONLY JUST FIGURED OUT THAT MUCH OF HIS NAME A FEW MINUTES AGO, THOUGH I'M SURE I'LL CATCH THE REST OF IT BEFORE WE PART COMPANY.

SO WE CYCLED DOWN TO SANTIAGO DO CACÉM; HAVE A ROOM THAT'S AT LEAST 2 STAR; MORE LIKELY 3-STAR FOR 1500\$. THE SIGN ON THE DOOR SAYS IT USUALLY GOES FOR 2000\$. IT'S A GREAT PLACE. I HOPE WE HAVE SIMILAR FORTUNE WITH OUR MERE

(21,600)

395

TONIGHT.

WE WENT TO TOWN FOR DINNER; HAD A GOOD DINNER OF ROASTED CHICKEN, BUT AFTER ORDERING EXTRA FRIES / BREAD / ^(TWO BOTTLES) WINE TO SATISFY OUR HUNGER IT COST 1400\$. WHICH TOGETHER WITH OUR ROOM TONIGHT MAKES THINGS ~~BE~~ PRETTY EXPENSIVE, BUT I SUPPOSE IT'S SORT OF AN OCCASION - CELEBRATING MY ESCAPE FROM LISBON / ALL.


(6-22-86)

(100 km)

A FAIRLY TOUGH DAY DUE TO A LATE START; A SIDE WIND THAT WAS MOSTLY AGAINST US.

WE'VE HAD A DAY OF EATING IN RESTAURANTS DUE TO STORES BEING CLOSED ON SUNDAY, WHICH IS GREAT, BUT IT'S WIPE OUT MY ESCUDOS. I THINK I CAN MAKE IT TO SPAIN IF I CHANGE ANOTHER 1/20, THOUGH.

I FELL OVER INTO A DITCH TODAY; BANGED UP MY SHIN WHILE TRYING TO TURN MY BIKE AROUND ~~WHERE~~ AFTER MAKING A WRONG TURN ONTO A DIRT ROAD. I'M LUCKY THAT I LITERALLY DIDN'T BREAK MY LEG.

21,665 
WE'RE STAYING AT A CAMPGROUND UNDER CONSTRUCTION
NEAR ALJEZUR. THE RECEPTION WASN'T OPEN WHEN
WE ARRIVED, SO ~~WE~~ WE WERE THINKING ABOUT SLEEPING
OUT EARLY TO AVOID PAYING. IT'S ONLY ABOUT
225 \$ THOUGH.


6-23-86

65 Km

IT'S BEEN A GREAT DAY! MIKE & I CYCLED
DOWN A DIRT ROAD TO A DESERTED BEACH N. OF
VILA DO BISPO. AT FIRST WE FOUND A ~~PLACE~~
~~PLACE~~ SURROUNDED BY CLIFFS, WHICH WE DES-
CENDED TO A FANTASTIC BEACH.

WE LOOKED AROUND FOR A BIT & THEN DE-
CIDED TO FIND THE PLACE WE HAD ^{3 hrs} LOOKED ⁱⁿ FOR - A
MORE ACCESSIBLE BEACH w/ A DIRT ROAD, ETC.

WE FOUND IT & HAD A BLAST BOUNCING
THRU THE COLD WAVES, WASHING OFF ALL THE DIRT &
SWEAT FROM THE PAST COUPLE OF DAYS (WE
LEFT YESTERDAY'S CAMPSITE w/ A ^{shower} ~~car~~
w/o PAYING). UNFORTUNATELY WE ALSO GOT PRETTY
BURNED. MY BACK ESPECIALLY SINCE IT WAS
ALREADY TANNED - MY STOMACH REFLECTED
MOST OF THE HEAT. DID O.K..

21,765 
WE HAD A LUNCH OF FRIED CHICKEN IN VILA
DO ^{BISPO} ~~PARADO~~, CONTINUED ON TO LAGOS w/ A TAIL-
WIND. UNFORTUNATELY THE PRICES AT THE MUNI-
CIPAL CAMPISMO WENT UP TO 52 \$50 THOUGH
THAT'S ~~PROBABLY~~ LESS THAN A PENSION IN TOWN.


WE DECIDED TO ECONOMIZE & EAT OUT
OF THE GROCERY STORE & GOT "PISSED" OFF
VINHO TINTO & BEER AT A LOCAL JAV.

6-24-86

100 Km

IT WAS SORT OF A ROUGH NIGHT, AS YESTERDAY'S
HANDWRITING MIGHT INDICATE. I DRANK TOO MUCH &
WOKE UP AROUND 3:00 AM WITH COTTON MOUTH. AFTER
THAT THE PEOPLE WALKING AROUND THE CAMPGROUND
KEPT ME UP 'TIL DAWN.

I GOT ON THE ROAD ABOUT 10:00 AM AFTER SAYING
GOODBYE TO MIKE (WARMINGTON). I WASN'T TOO
IMPRESSED WITH THE AREA AROUND LAGOS, SO
HIT THE ROAD THINKING ONLY OF DOING 200'S OF MILES.
I STOPPED IN TAVIRA TO LOOK AROUND & MET AN
AUSTRALIAN, JOHN ASLANIDIS, WHO TOLD ME ABOUT
A FREE CAMPGROUND (I HOPE) ON THE BEACH HERE,
& WE HAD DINNER TOGETHER BEFORE HE TOOK THE

(21,840) 
FERRY BACK TO THE MAINLAND (THE CAMPGROUND IS ON A SAND BANK). THE FERRY'S A GREAT DEAL - 30\$ RETURN (20\$).

IT SEEMS SOME SORT OF FIESTA IS STARTING HERE, SO I'LL CHECK OUT THE TOWN IN THE MORNING. I'D STAY BUT THAT WOULD MEAN CHANGING MORE MONEY; PICKING UP MAIL AFTER THIS WEEKEND INSTEAD OF BEFORE.

(6-25-86) (75 Km)
I GOT OFF TAVIRA ISLAND WITHOUT PAYING; NOW I'M AT THE FRONTIER WAITING FOR THE FERRY ACROSS RIO GUADIANA. I MANAGED TO SPEND ALL BUT 17½ OF MY ESCUDOS; NOW IT'S BACK TO PESETA LAND.

I WAS A BIT UPSET WHEN I STOPPED FOR LUNCH IN LEPE; THE BILL CAME TO 680 PTAS WHEN I THOUGHT IT WOULD BE AROUND 450, BUT THAT'S THE HAZARD OF NOT ORDERING A LA CARTE (SO YOU KNOW EXACTLY WHAT YOU PAY FOR); FOR NOT KNOWING THE LANGUAGE (SO YOU CAN ARGUE BETTER) STILL THE MAIN REASON IT WAS SO MUCH MORE WAS THE DESERT I HAD, AN ORANGE; COFFEE FLAVORED SLICE OF ICE CREAM CAKE THAT

(22,025) 
WAS FANTASTIC, SO I SHOULDN'T COMPLAIN TOO MUCH.

I WAS ALSO RELIEVED TO FIND A ROOM FOR ONLY 500 PTAS TONIGHT. I WAS SURE I'D PAY MORE, SO MY BUDGET WASN'T SCREWED UP TOO MUCH TODAY.

(6-26-86) (185 Km)
A HELLUVA DAY! I FINALLY GOT UP EARLY FOR A CHANGE; I HAD AN EASY RIDE INTO SEVILLA BEFORE THE WIND KICKED UP. I HAD PLANNED ON STAYING THERE TONIGHT, BUT THE HOSTEL WAS FULL; I DIDN'T CARE FOR THE 'FEEL' OF A BIG CITY AFTER LISBON. I ALSO DIDN'T FEEL LIKE PAYING A LOT TO SPEND TWO NIGHTS IN A PENSION (IN ORDER TO SEE ALL OF THE CITY), AS THAT CAN BE QUITE EXPENSIVE IN SUCH A LARGE TOWN.

SO I LOOKED AT THE MAP; DECIDED DOING THE SAME IN JEREZ, CADIZ, OR ALGECIRAS WOULD BE JUST AS EXPENSIVE, SO I DECIDED TO TRY FOR GIBRALTAR BY FRIDAY, TO SEE IF I HAVE ANY MAIL.

I LEFT SEVILLA AT 2:00 PM; HAD A GREAT LUNCH IN A ROADSIDE CAFE JUST

22,025

399

OUTSIDE OF TOWN FOR 400 PTAS: A THIN STEAK,
FRIES, SALAD, 7 TWO EGGS + FRESH BREAD + A
BEER.

HEADING SOUTH FROM THERE WAS A HARD SLOG
DUE TO 90° HEAT + A SW WIND, BUT I KEPT
AN EVEN PACE TO CONSERVE MY ~~POWER~~
STRENGTH; I HAD NO PROBLEMS.

EXCEPT A FEW MILES BACK DOWN THE ROAD
WHEN I TRIED TO GET THROUGH THE TOWN OF
ESPERA. FOR SOME UNKNOWN REASON, HALF THE
TOWN WAS AT EITHER END OF THE VILLAGE
HALTING ALL TRAFFIC INTO + OUT OF TOWN. I
GOT THROUGH INTO TOWN O.K. AS I TOOK
EVERYONE BY SURPRISE; CHARGED ON SAYING
'NO HABLA' TO THEIR SHOUTS.

I WASN'T AS LUCKY ON THE WAY OUT AS I
RAN INTO A RUDDY FACED SPANIARD WHO THOUGHT
HE'D ENTERTAIN THE CROWD BY NOT LETTING ME
THROUGH. THEN SOMEONE SAID I COULD LEAVE
AT NINE, ANOTHER SUGGESTED I COULD
CARRY MY BIKE THROUGH THE WHEAT FIELD TO
GET TO THE ROAD, + STILL SOMEONE ELSE ^{SAID}

22,025

399

TO GO BACK UP THE ROAD; HAVE A BEER.
THE LAST SUGGESTION SOUNDED GREAT + FOR
A MOMENT I THOUGHT THERE MAY BE A FREE
PARTY INTO TOWN, BUT I WASN'T BEING
TREATED AS A GUEST SINCE WHEN FREE WATER-
MELON WAS PASSED AROUND I WASN'T GIVEN ANY.

SO I DECIDED TO GO BACK TO A STORE I
SAW OPEN; BUY GROCERIES TO GET ME BY
'TIL I FIND A BANK NEAR GIBRALTAR; TRY
TO SORT THINGS OUT. I'M GLAD I DID, 'CAUSE
I FOUND THE BEST PRICES IN A LONG TIME + A
GOOD SELECTION FOR A SMALL ^{STORE}. I GOT SWEET
ROLLS THAT I USUALLY CAN ONLY FIND AT 50
PTAS FOR 30 PTA; GOT A JAR OF PEAR MAR-
MALADE FOR ONLY 10 PTAS.

ONCE I LOADED UP I ONCE AGAIN ATTEMPTED
TO BREACH (SP?) THE HUMAN WALL. THIS TIME
AN OLD MAN THOUGHT HE'D LIKE ALL THE AT-
TENTION; GRABBED MY HANDLEBAR WITH AN
IRON GRIP. THEN I COUPLE YOUNG INTELLECTUALS
REPEATED THE EARLIER SUGGESTIONS. AFTER FIVE
MINUTES OF PLEADING, SOMEBODY GOT UP THE

22,140

400

GUTS TO STICK UP FOR ME; BROKE THROUGH WHILE HALF THE TOWN ARGUED AGAINST HIM.

SO NOW I'M AT ARCOS DE LA FRONTERA IN A FONDA, WHICH IS EQUIVALENT TO A HOTEL HOSTALS; PENSIONS ARE SEEMINGLY MUCH SMALLER PLACES. ANYWAY, THERE'S A GREAT TILE PATIO OUTSIDE MY DOOR WITH A VIEW OF THE CITY; DISTANT MOUNTAINS. AND THERE'S A SHOWER THAT RESEMBLES A TILED CLOSET. ALL FOR 600 PTS, ALL THE MONEY I HAVE LEFT.

6-27-86

115 Km

I HIT THE ROAD AT 7:30 TODAY; ALMOST IMMEDIATELY I KNEW WHY THE DISTANCE ON THIS ROAD WAS CONSIDERABLY LESS THAN THE ALTERNATES. THE ROAD WAS UP; DOWN ALL THE WAY; THE GRADES WERE STEEP, AT LEAST FOR SPAIN.

AT PTO DE GALLIS I CAUGHT UP WITH A BUSLOAD OF SCHOOL KIDS THAT PASSED ME ON THE WAY UP. A GIRL NAMED YOLANDA CAME OVER WITH A BUNCH OF HER FRIENDS. SHE WANTED TO HAVE A PICTURE TAKEN WITH ME, WHICH SHOULD TURN OUT GREAT AS I WAS DRIPPING SWEAT AT THE RATE

22,140

400

OF ABOUT TWO GALLONS A MINUTE.

THERE WAS ONE SMALL STRETCH OF ROAD WHERE THE SCENERY WAS EXCEPTIONALLY BEAUTIFUL, BUT UNFORTUNATELY I WAS IN TOO MUCH A HURRY TO REALLY ADMIRE IT.

IT GOT COOKIN' AFTER I PASSED JIMENA - 100°F WITH A STIFF HEADWIND THAT SOMETIMES WAS QUITE REFRESHING; AT OTHERS WAS LIKE A BLAST FURNACE. STILL, I MANAGED TO MAKE GIBRALTAR BY 2:00 PM. I COULDN'T FIND A DAMN SPANISH BANK OPEN TO BUY PESETAS, SO I'M THINKING OF STAYING AT 'GIB' FOR THE WEEK-END AS I'VE ~~NOT~~ CASHED A \$50 CHECK? IT MAY BE WORTH THE HIGHER PRICES NOT TO HAVE TO SPEAK SPANISH FOR A FEW DAYS.

THE FIRST PLACE I HEADED WHEN I GOT HERE WAS THE POST OFFICE. I GOT A POSTCARD; PKG FROM ALEA, BUT NADA FROM MIKE. IT TURNED OUT THAT ALEA SENT ME A SIX SPEED FREEWHEEL WHICH I'M NOT SURE IF I CAN USE WITH MY NEW CHAIN, BUT I MAY TRY IT OUT TOMORROW; SEE. THERE'S A BIKE SHOP

22,145

401

IN TOWN WHICH UNFORTUNATELY WAS CLOSED
A 3:45. IF IT'S OPEN BEFORE I LEAVE I MAY
SEE ABOUT A DIFFERENT CHAIN ? EVEN AN EXTRA
TIRE AS MY REAR IS WEARING FAST.

I'M STAYING AT THE QUEEN'S HOTEL FOR \$12.00/
NIGHT (OUCH!). OF COURSE IT'S A LARGER ROOM
THAN THOSE IN THE PENSIONS ; I GET A BAR
OF SOAP, TWO TOWELS, ; REAL TOILET PAPER!
BUT OTHER THAN THAT IT'S A DUMP. OH YEAH, I
ALSO GET A TOILET (DOWN THE HALL) COMPLETE WITH
SEAT ; LID ! LATELY I'VE BEEN LUCKY TO GET A
TOILET SANS ACCESSORIES, A LOT OF PLACES HAVE
PORCELAIN SQUAT TOILETS, YOU STAND ON THE
'GRIPPER' TREADS ; AIM FOR THE HOLE.

6-28-86

5 km

THINGS HAVE TURNED OUT O.K.. THE CHAIN I
BOUGHT IN FRANCE WAS A NARROW CHAIN, SO IT
FITS THE SIX SPEED FREEWHEEL THAT ALEA SENT ME.
AND THE TIRE THAT SHE SENT THAT I THOUGHT MIGHT
BE DAMAGED BECAUSE IT WAS ALL BENT OUT OF SHAPE
TURNED OUT TO BE OK, THOUGH I ACCIDENTALLY PUNCTURED
MY TUBE WHILE PUTTING IT ON.

22,150

402

I ALSO FOUND OUT THAT MIKE DIDN'T SEND ANY
MAIL HERE 'CAUSE JR FORGOT TO GIVE HIM MY
MESSAGE WHEN I CALLED FROM BIARRITZ. AT
LEAST I DON'T HAVE TO WAIT AROUND FOR A PACKAGE
TO ARRIVE. I'LL TRY TO PICK IT UP AT USSEL, FRANCE
IN A COUPLE OF WEEKS.

I RODE OUT TO EUROPA POINT TO TEST OUT MY
BIKE ; HAD A LOOK AT AFRICA. I GUESS IT'S AS
CLOSE AS I'LL GET, AT LEAST FOR A WHILE.

I'LL TAKE THE BUS ; TAKE A LOOK AROUND THE
TOP OF 'THE ROCK' TOMORROW. TONIGHT I'LL GO TO
THE MOVIES (\$1.50) ; SEE "^{MRS SOFFEL}~~THE ROCK~~", I SAW
"PLENTY" LAST NIGHT. I GUESS SMALL LUXURIES LIKE
THAT MAKE THE HOTEL COST SEEM MORE REASONABLE.

6-29-86

5 km

NOT AN EXCITING DAY, BUT AFTER A COUPLE
OF DAYS ON GIBRALTAR YOU'VE SEEN EVERYTHING
ANYWAY. I'LL BE GLAD TO CLEAR OUT TOMORROW.

I DID CYCLE UP TOP TO SEE THE ROCK APES
; THE MUDRISH CASTLE ; I CYCLED DOWN MY
FIRST 1:2½ (40%!) GRADE, BUT THAT WAS ABOUT
IT.

22,270

403

I MET A TEACHER FROM GLASGOW THAT'S BEEN 'CYCLE TOURING EVERY SUMMER FOR NEARLY TEN YEARS NOW. IT WAS REFRESHING TO TALK TO SOMEONE WHO'S 'CYCLED MORE PLACES THAN I HAVE.

IT LOOKS AS THOUGH THE MOVIE HASN'T CHANGED SO I MAY FIND A BAR WITH A T.V. & WATCH THE WORLD CUP SOCCER FINALS FOR SOMETHING TO DO.

6-30-86

120km

AN O.K. DAY. JUST A LOT OF 'CYCLING THROUGH BUILT-UP, COMMERCIALIZED RESORT AREAS, BUT THE TRAFFIC HASN'T BEEN AS BAD AS I THOUGHT IT MIGHT BE.

I HAD NO PROBLEM SPENDING THE POUNDS I DIDN'T NEED BEFORE LEAVING GIBRALTAR, PLUS I HAVE A COUPLE OF TEN POUND NOTES TO USE WHEN I DON'T WANT TO CHANGE A 500 CHECK.

I THOUGHT I'D STAY AT THE HOSTEL AT TORREMOJINOS TODAY, AS MY BOOK SAID IT OPENED TWO WEEKS EARLIER LAST YEAR. OF COURSE THIS YEAR IT OPENS TOMORROW. SO I'M AT 'CAMPING TORREMOJINOS' PAYING 455 PTAS

22,410

404

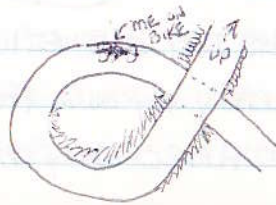
FOR A PIECE OF GROUND & A LITTLE SHADE BUT IT'S CHEAPER THAN FINDING A ROOM AROUND HERE.

7-1-86

140km

THE DAY STARTED OUT IN A RATHER AMUSING WAY, OR AT LEAST I THOUGHT SO. THE CAMPGROUND HAS SQUAT TOILETS & THE FOOD IN GIBRALTAR (GREASY ENGLISH STUFF) HAS GIVEN ME A TOUCH OF DIARRHEA & GAS. WELL ANYWAY I GUESS I SQUATTED AT A BIT TOO ACUTE AN ANGLE BECAUSE I MANAGED TO SHIT ALL OVER THE WALL. ACTUALLY THE WALL WOULDN'T HAVE BEEN SO BAD, I, IN REALITY, HIT THE PIPE COMING DOWN FROM THE WATER TANK. I DIDN'T BOTHER TO CLEAN UP, I MADE TRACKS FAST.

I HAD A HARD SLOG FROM MÁLAGA UPTO PUERTO DEL LEÓN - SEA LEVEL TO 960 METERS IN ABOUT 15km. THE ROAD WAS KIND OF NEAT BECAUSE TWICE IT WENT THROUGH A TUNNEL & THEN LOOPED AROUND & CROSSED OVER ITSELF.



22,540

405

I WAS HOPING IT WOULD MAKE A GOOD PICTURE, BUT NO LUCK. THE VIEWS ON THE WAY UP WERE WORTH IT THOUGH.

I HAD TO CROSS A SECOND PASS (1028 meters) SHORTLY AFTER THAT (AFTER LOSING TOO MUCH ALTITUDE) WHICH WAS A BITCH ALSO, MAINLY 'CAUSE IT WAS AROUND 1 PM / GETTING HOT, BUT IT ENDED IN ABOUT A TEN MILE DOWNHILL, SO NO REAL COMPLAINTS.

I STOPPED IN LOTA FOR A BIT. I ORIGINALLY PLANNED ON STAYING THERE TONIGHT, BUT AFTER ALL THE CLIMBING I DID TODAY I DECIDED TO GO TO GRANADA AS THE CLIMBS TO JAÉN WOULD BE EASIER THAN IF I TRIED A MORE DIRECT ROUTE FROM LOTA.

SO I'M AT THE HOSTEL (A DUMP, WHAT'S NEW?) HERE IN GRANADA FOR 525 PTAS, BUT AT LEAST THAT INCLUDES A MEAGRE BREAKFAST.

7-2-86

130 Km

ANOTHER RED LETTER DAY OF THE WORST KIND; THIS TIME IT'S COMPLETELY MY OWN FAULT. I WAS HAVING YOUR BASIC HATRO DAY SLOGGING UP

22,540

405

HILLS IN THE HEAT WHEN I MANAGED TO LEAVE MY FANNY PACK AT ONE OF THE STOPS ALONG THE WAY. PASSPORT, 9500 PTAS, \$20, SOME CHANGE, ~~AND~~ ^{AN} ENGLISH SPANISH DICTIONARY ALL LOST DUE TO MY STUPIDITY. WHAT MADE THINGS WORSE WAS THAT I WAS 60 KM DOWN-HILL WHEN I REALIZED WHAT I'D DONE. MY FIRST RESPONSE WAS TO RANT; RAVE ~~TO~~ ^{TO} BLOW OFF STEAM WHICH I DID RATHER QUICKLY. I STILL HAVE \$80 U.S. + A BUNCH OF TRAVELLERS CHECKS I CAN'T CASH W/O I.D.

AFTER I SEMI-COMPOSED MYSELF; REALIZED I COULDN'T 'CYCLE BACK TO THE SCENE TODAY I WHIPPED MY BROKEN SPANISH^{OUT}, PLEADED FOR ABOUT 10 MINUTES WITH TWO TRUCK DRIVERS UNTIL ONE OF THEM, PABLO SAN MARTIN, GAVE ME A LIFT BACK (SANS BICYCLETTE).

~~AND~~ AT FIRST I THOUGHT THERE WERE TWO PLACES I MIGHT HAVE LEFT IT SO HE DROPPED ME AT THE FARTHEST SPOT SOUTH. NO LUCK THERE, THOUGH I'M SURE NOW I COULDN'T HAVE LEFT IT THERE.

(22,540)

405

SO I STOOD IN THE BLAZING SUN FOR A WHILE WONDERING IF I'D DIE OF SUN-BURN ; DEHYDRATION BEFORE SOMEONE GAVE ME A LIFT BACK NORTH. TWO MINUTES LATER (ABOUT 4 VEHICLES) THREE GUYS FROM NEW ZEALAND PICKED ME UP IN THEIR MICROBUS : DEREK, TIM, ; (I THINK) RICHARD.

AS LUCK WOULD HAVE IT THEY NEEDED TO STOP FOR GAS WHERE I'D LOST EVERYTHING. I CHECKED WHERE I'D STOPPED, AT THE GARAGE, SERVICE STATION ; CAFE NEARBY W/O LUCK. THEN WE MADE A QUICK STOP AT THE LOCAL POLICE STATION ; ONCE AGAIN NADA.

SO I AT LEAST HAD A RIDE BACK TO MY BIKE ; A CHANCE TO EASE THE TENSION BY RELATING THE STORY TO PEOPLE WHO UNDERSTOOD WHAT I WAS SAYING.

TO CONTINUE TO IMPROVE THE DAY MY BIKE WAS STILL WHERE I'D LEFT IT ~~at~~ UNDER THE WATCHFUL EYE OF A SPANISH BAR KEEPER.

THE GUYS ALSO GAVE ME 500 PTAS FOR FOOD ; EMERGENCIES TO GET ME BY 'TIL

(22,560)

406

TOMORROW. I'M STAYING AT A FONDA IN BAILÉN, BUT I DON'T HAVE TO PAY 'TIL I LEAVE, SO I'LL HIT THE BANK EARLY TOMORROW.

I CAN'T MAKE IT TO THE EMBASSY IN MADRID (330 Km) IN THE TWO DAYS BEFORE THE WEEKEND ; THERE'S NO TRAIN STATION IN BAILÉN, SO I'LL CYCLE 100 Km TO VALDEPEÑAS TOMORROW ; CATCH A TRAIN THERE ; WITH LUCK BE IN MADRID BY FRIDAY MORNING TO TRY TO STRAIGHTEN THINGS OUT. IF IT LOOKS LIKE I'LL BE STUCK IN SPAIN FOR A BIT I'LL SEE ABOUT GOING TO BARCELONA TO VISIT MARY WAGGNER SO I CAN BE WITH SOMEONE I SORT-OF KNOW.

(7-3-86)

(20km)

I'M IN BAEZA WHERE THE TRAIN STATION FOR LINARES IS LOCATED (IT'S 7 Km FROM LINARES). I'VE CYCLED HERE BECAUSE IT'S THE NEAREST STATION TO BAILÉN. I'VE JUST FOUND OUT THAT I HAVE A TWELVE HOUR WAIT DUE TO THE FACT THAT I HAVE A BICYCLE.

22,570

401

IT'S A LITTLE OVER 200 MILES TO MADRID, BUT IT'LL TAKE THE TRAIN 7 HRS TO GET THERE, PROBABLY BECAUSE IT MAKES ALL THE STOPS.

IT MIGHT BE A TOUGH WAIT AS IT SEEMS THIS TOWN HAS BEEN BUILT AROUND THE TRAIN STATION, SO THERE'S NO SIGHTSEEING TO DO. I WOULD ("STILL MIGHT") CYCLE BACK TO LINARES, BUT IT'S 5KM UPHILL. THERE DIDN'T SEEM TO BE MUCH THERE. AT LEAST I'VE GOT A GOOD BOOK TO READ.

I'M CERTAINLY GLAD I'M NOT RIDING TODAY. IT'S 5:30, 98° IN THE SHADE. I STUCK MY LITTLE THERMOMETER IN THE SUN FOR 10 MINUTES. IT REGISTERED ABOUT 119°!

TIME'S PASSING SLOWLY BUT I ONLY HAVE SIX HOURS TO GO. OH YEAH, I FOUND OUT THAT I'M NOT IN BAEZA AFTER ALL, BUT ACTUALLY IN TOWN OF ESTACION F.C. DE LINARES-BAEZA. BAEZA IS 13KM AWAY.

7-4-86

10 km

I SLEPT FAIRLY WELL ON THE TRAIN THIS MORNING AS I WAS LUCKY ENOUGH TO SHARE A COMPARTMENT WITH A REASONABLY TRUSTWORTHY-LOOKING YOUNG

22,570

401

SPANIARD. THE WHOLE TRIP (200 MILES) ONLY COST 1300 PTAS, BIKE, & ALL.

I MAY HAVE BEEN IN TOO BIG A HURRY TO GET TO MADRID AS TODAY IS INDEPENDENCE DAY. THE EMBASSY IS CLOSED. HOWEVER A GUARD TOLD ME I COULD SEE THE DUTY OFFICER AFTER 10:30 AM, SO PERHAPS I CAN AT LEAST FIND OUT HOW THIS AFFECTS MY TRAVEL PLANS.

I TALKED TO SOMEBODY AT THE EMBASSY THIS MORNING. I WAS TOLD THAT IT ONLY TAKES A DAY OR TWO TO REPLACE A PASSPORT WHICH MEANS I'LL BE ABLE TO CRUISE ALONG WITHOUT MUCH INCONVENIENCE. PERHAPS BY THEN THE WEATHER WILL COOL OFF A BIT AS WELL.

I'M STAYING IN A ONE STAR HOSTAL FOR 800 PTAS, MORE THAN I WANTED TO PAY OF COURSE, BUT I HUNG AROUND THE TOURIST SITES FOR A COUPLE OF HOURS TRYING TO FIND A SOLO TRAVELLER TO SHARE A ROOM WITH WITHOUT LUCK. I'LL KEEP LOOKING THIS EVENING. IF NO LUCK I'LL TRY THE HOSTELS AGAIN TOMORROW AS THEY WERE FULL TODAY.

7-5-86

22,570



(No Km's)

I DID A LITTLE SIGHTSEEING TO PASS THE TIME TODAY. NOTHING HERE THAT I HAVEN'T SEEN A ZILLION TIMES BEFORE SOMEWHERE ELSE. BUT MADRID DOES HAVE IT'S OWN 'STYLE'. LIKE THE MAIN BUILDINGS IN THE CITY CENTER MOST OF WHICH SEEM TO HAVE BEEN BUILT AROUND THE 17th CENTURY THAT ARE SIMILAR TO BUT UNLIKE BUILDING STYLES I'VE SEEN IN SPAIN & EUROPE.

AND THERE ARE TWO FOUNTAINS THAT I THOUGHT WERE PRETTY NEAT: FUENTE LA CIBELES, FUENTE DE NEPTUNE. THEY SEEM DESIGNED TO PLEASE PEOPLE RATHER THAN BEING ART FOR ART'S SAKE.

THAT'S BEEN ABOUT ALL SO FAR, IT'S BEEN A CHEAP DAY AS THE HEAT'S KILLED MY APPETITE, SO I'LL PROBABLY EAT OUT TONIGHT. THERE SEEM TO BE PLENTY OF CHEAP RESTAURANTS ABOUT; ONCE AGAIN PRICES ARE DISPLAYED IN THE WINDOWS.

I DECIDED TO TREAT MYSELF TO A "WHOPPER

22,570



CON QUESO" AT BURGER KING TONIGHT. IT WAS EXPENSIVE - 315 PTAS (72¢) - SEEMED A BIT BELOW PAR COMPARED TO THOSE BACK HOME, BUT IT WAS A NICE CHANGE.

I WENT TO A SUPERMARKET TO FIND ICE CREAM FOR DESSERT; ENDED UP GETTING 240 GRAMS OF FROZEN WHIPPED CREAM. BY MISTAKE, BUT IT WAS PRETTY GOOD.

7-6-86

(No Km)

ANOTHER HOT, RATHER BORING DAY, MADE WORSE BY THAT FACT THAT I'M LOW ON MONEY. ALL OF THE GROCERY STORES ARE CLOSED ON SUNDAYS, SO QUENCHING MY THIRST BECAME A MAJOR EXPENSE.

BUT I MANAGED TO GET INTO THE HOSTEL (500 PTAS WITH BREAKFAST) + I FOUND 100 PTAS, SO I'M 400 PTAS AHEAD COMPARED WITH EXPENSES THE PAST COUPLE OF DAYS.

I ALSO MET A GIRL FROM CONNECTICUT AT THE HOSTEL WHO I'D TALKED TO YESTERDAY, SO I'VE GOT SOMEONE TO HAVE DINNER WITH TONIGHT.

(22,570)

410

ANY I HAD DINNER AT A CHEAP RESTAURANT FOR THE FIRST TIME THE DINNER WAS IN PROPORTION TO THE PRICE - THERE WASN'T MUCH THERE.

(7-7-86)

(No Km)

EXPENSIVE

ANOTHER ~~DAY~~ DAY ON THE SUNNY IBERIAN PENINSULA. MY PASSPORT IS BEING REPLACED AT A COST OF \$42, IN MY HASTE TO GET TO THE EMBASSY I LEFT MY CAMERA IN THE OPEN IN MY CLOSET (WHICH WAS CLOSED) & IT WAS STOLEN WHILE I WAS AWAY.

I WAS LUCKY ENOUGH TO MEET AN AMERICAN NAMED MARCY WHILE BEING TOLD BY THE FOLKS AT THE EMBASSY THAT A POLICE REPORT WAS REQUIRED TO ~~PROCESS~~ PROCESS MY APPLICATION FOR A LOST PASSPORT. SHE WAS IN THE SAME PREDICAMENT, SO WE WENT TO THE POLICE STATION TOGETHER. SHE TEACHES ^{ENGLISH} ~~HERE~~ HERE IN MADRID, SO SHE WAS ABLE TO GET BOTH OF OUR REPORTS WITHOUT DIFFICULTY.

SO BACK I WENT & DESPITE ABSOLUTELY NO VALID ID I WAS ABLE TO GET MY PASSPORT REPLACED AT THE COST OF \$42 + 690 PTAS FOR

(22,570)

410

3 PHOTOS. BUT FIRST I HAD TO PAY 1050 PTAS (\$7) FOR THE APPLICATION FEE & WITH THAT I WAS ABLE TO GO TO AMERICAN EXPRESS & CASH A \$50 TRAVELLER'S CHECK AFTER WHICH IT WAS BACK TO THE EMBASSY TO PAY THE BALANCE OF 5250 PTAS (\$35).

AND OF COURSE WHEN I GOT BACK MY CAMERA HAD BEEN STOLEN. AT LEAST THE ONLY ~~REAR~~ ~~REAR~~ PICTURES I LOST WERE OF SCENERY, WITH THE EXCEPTION OF ONE OF THE THREE GUYS FROM NEW ZEALAND WHO HELPED ME OUT. SO NOW ITS NO MORE PICTURES FOR A WHILE. I'M THINKING OF ASKING MIKE TO BUY A NEW CAMERA FOR ME & SENDING IT TO FRANCE. AT LEAST THAT WAY I CAN'T LOSE IT AGAIN IN SPAIN.

I MANAGED TO GET MIKE AT HOME & HE'S GOING TO TRY TO GET A NEW CAMERA FOR ME. HE DIDN'T SOUND TOO HAPPY ABOUT IT, BUT I'M SURE HE'LL GET A GOOD ONE FOR ME.

I'VE MET TWO BRAZILIANS TONIGHT, MARCELO &

(22,635)

412

"HENARDO" (THAT'S HOW IT SOUNDS ANYWAY). WE WENT TO THE TELEPHONE OFFICE TOGETHER & THEY HELPED ME MAKE MY CALL (THEY SPEAK SPANISH AS WELL AS PORTUGUESE & ENGLISH). THEY SEEM LIKE GOOD GUYS & ARE GREAT COMPANY.

(7-8-86)

(65km)

I'M TRAVELLING ONCE AGAIN. IT'S A RELIEF TO BE OUT OF THE "BIG CITY" & BACK ON THE ROAD. LESS BOTHER OF BEING RIPPED OFF & I CAN ONCE AGAIN CONCENTRATE ON GETTING TO MY NEXT MAIL STOP.

I KILLED TIME WHILE WAITING FOR MY PASSPORT BY DOING SOME SHOPPING. I BOUGHT A ROLL OF CLOTH HANDLEBAR TAPE TO PATCH WHERE MINE IS WEARING THROUGH, PLUS A MAP OF FRANCE WHICH SHOWS THAT BEING SIDETRACKED IN MADRID HAS PUT ME ON A MORE DIRECT ROUTE TO USSR (MY MAIL STOP), PLUS I BOUGHT TEN SLIDES OF MADRID TO TRY & MAKE UP FOR THE FILM THAT WAS LOST ~~off~~ WITH MY CAMERA.

I ALSO DECIDED TO START "COOKING" FOR MYSELF AGAIN IN ORDER SAVE A COUPLE OF

(22,800)

412

PESETAS. BESIDES, IT'S NECESSARY IN ORDER TO DO THE KIND OF MILEAGE I'M CONTEMPLATING IN ORDER TO BEAT FEET OUT OF SPAIN.

I PICKED UP MY PASSPORT WITHOUT ANY PROBLEMS TODAY ALONG WITH A LETTER TO EXPLAIN TO THE BORDER GUARDS WHY ~~IT~~ IT HASN'T BEEN STAMPED.

I'VE STOPPED FOR THE NIGHT AT A SMALL FONDA ON THE HIGHWAY E. OF GUADALAJARA. I'VE GOT A HUGE DOUBLE ROOM FOR 600 PTAS, BUT THE BEDS SAG SO MUCH THEY ALMOST HIT THE FLOOR. STILL, ALL I WANT IS REST & A CHANCE TO WASH SOME CLOTHES & THIS FILLS THE BILL.

(7-9-86)

(165km)

I GOT AN EARLY START TODAY - 6:30 AM, WHICH IS BEFORE SUNRISE, & I MANAGED TO HAVE A COOL EASY RIDE FOR THE FIRST 125 KM.

I STOPPED AT ALMAZAN FOR A SIESTA AROUND 2 PM & MET AN ANONYMOUS 50 YEAR OLD BRITISH CYCLIST WHO'S TRAVELLING PRETTY LIGHT. ALL HIS GEAR

22,950

414

IN TOTAL WEIGHED LESS THAN MY BIKE WITHOUT ANY ACCESSORIES. HE HAD A MAVIC ALUMINUM BIKE WHICH WEIGHED AROUND 12 lbs + ABOUT TEN LBS OF GEAR. WAS PLANNING ON TRAVELLING FOR THREE MONTHS. I HAVE NO DOUBT HE'LL SUCCEED AS THERE'S NO DOUBT HE KNOWS WHAT HE'S DOING.

TRAVELLING THAT LIGHT HAS ME ANXIOUS TO PACE MY LOAD DOWN EVEN FURTHER. I'LL TRY TO SEND HOME MY FRONT RACK, SWEATER, ONE PAIR OF HEAVY SOCKS, A WATER BOTTLE CAGE, ~~my~~ FLASHLIGHT, & POSSIBLY A FEW TOOLS. I'LL ALSO Toss OUT PART OF MY FIRST AID KIT; MY YOUTH HOSTEL BOOK; ONCE MY REAR TIRE WEARS OUT (SOON) I'LL NO LONGER CARRY A SPARE TIRE.

THAT'LL KNOCK 6-7 lbs OFF THE TOTAL, SO I'LL BE DOWN AROUND 50 lbs - JUST IN TIME FOR THE ALPS, PYRENEES; MASSIF CENTRALE!

7-10-86

150 km

IT'S TURNED OUT TO BE A TOUGH DAY, THOUGH IT STARTED OUT WELL ENOUGH. IT WAS PRETTY DAMN COLD WHEN I GOT UP THIS MORNING, SO I

23,060

415

LAY AROUND FOR A WHILE & HIT THE ROAD AT 8:30 RATHER THAN 6:30 AS PLANNED.

IN AGREDA I RAN INTO TWO AMERICAN 'CYCLISTS - MATT & PETE - & WE HAD LUNCH TOGETHER IN THE TOWN PARK. PETE HAD A BROKEN WATER BOTTLE CAGE; I DECIDED TO GIVE HIM MINE RATHER THAN MAIL IT HOME AS I PLANNED TO DO.

I TOOK A SIESTA ABOUT 5 O'CLOCK IN CAPARRUSSO & I'M SORRY I DID. TWO & A HALF HOURS LATER WHEN I LEFT THE WIND HAD PICKED UP CONSIDERABLY & WAS BLOWING STRAIGHT INTO MY FACE & ROAD CONSTRUCTION FORCED ME TO MAKE A DETOUR THAT TOOK ME AN EXTRA 15 km OUT OF MY WAY.

SO I MADE IT JUST PAST TAFALLA WHERE I'M FREE CAMPING DUE TO HIGH PRICES & RUDE PEOPLE AT THE HOSTELS IN TOWN. I'LL HAVE TO FIND A SHOWER TOMORROW FOR SURE.

7-11-86

110 km

ANOTHER SLOW START, I FINALLY GOT ON THE ROAD AT 8:45; HAD TO FORCE MYSELF TO GET GOING.

(23,000) 415

THEY'RE HAVING THE 'RUNNING OF THE BULLS' IN PAMPLONA; I WAS THERE IN TIME TO SEE THE AFTERMATH OF TODAY'S RUN (THE FESTIVAL LASTS FOR A WEEK; EACH DAY THEY RUN THE BULLS DOWN THE STREETS INTO THE PLAZA DEL TORROS). ALL THE LOCALS & MANY TOURISTS WERE DECKED OUT IN WHITE PEASANT COSTUMES WITH A RED SASH AT THE WAIST ~~WAIST~~; A RED KERCHIEF. I SAID A COUPLE OF PEOPLE PROUDLY DISPLAYING BROKEN ARMS, ETC... I GUESS THEY MUST HAVE BEEN A BIT SLOW DUE TO TOO MUCH PARTYING THE NIGHT BEFORE.

I DIDN'T STAY IN PAMPLONA LONG AS THE HUGE CROWDS MADE ME UNCOMFORTABLE; INSTEAD I HEADED FOR FRANCE. IT WAS A HARD SLOG AS I CROSSED THREE RIDGES, BUT I WAS PAID OFF WITH A 20KM DOWNHILL.

I GOT STUCK ONCE AGAIN GETTING A LUSY EX-CHANGE RATE DUE TO CROSSING THE FRONTIER ^{LATE} ~~ON~~ ON A FRIDAY. I CHANGED MY MONEY AT A CAFE AT THE BORDER; THE RATE WORKS OUT TO ABOUT ONE FRANC = 15¢. A MONTH AGO I GOT 14¢, SO THAT'S NOT GOOD.

(23,200) 416

AT LEAST THE CAMPGROUND I'M AT ~~ST.~~ ST. JEAN PIED-DE-FORT IS REASONABLE - 12F20 FOR CAMPING & A HOT SHOWER.

(7-12-86)

(140km)

MY FIRST CLOUDY DAY IN QUITE A WHILE. IT EVEN RAINED A TINY BIT.

NOT MUCH TO REPORT TODAY. I WAS MAINLY JUST ADDING UP MILES - IT'S ONLY ABOUT 350KM TO THE MAIL THAT SHOULD BE WAITING FOR ME IN VASEL.

THIS WEEKEND IS A BIG HOLIDAY HERE IN FRANCE, BUT I HAD BEEN TOLD THAT STORES WOULD BE OPEN AS USUAL. I ALMOST PANICKED GOING THROUGH ORTIZ; FOUND A LOT OF FOOD STORES CLOSED AT 2:00PM, BUT LUCKILY THE BIG SUPERMARCHES WERE STILL OPEN; I FOUND ONE AN HOUR LATER. I STOCKED UP WITH ENOUGH FOOD TO PROBABLY SEE ME THROUGH TOMORROW FOR ABOUT \$6. SUPPOSEDLY THERE'LL BE STORES OPEN SUNDAY; MONDAY MORNING AS WELL SO I'LL REPLACE WHAT I USE AS I GET THE CHANCE. I THINK I'LL BUY A NEW PEN ALSO - THIS ONE SUCKS.

23,330

417

I'm FREE CAMPING IN A FIELD A FEW KILOMETERS FROM LE CAUX; I'LL PROBABLY SEARCH OUT A CAMP-GROUND & A SHOWER TOMORROW EVENING.

7-13-86

130km

I'VE HAD A HARD SLOG TODAY, BUT THINGS HAVE ENDED WELL. THINGS STARTED BAD. IT WAS RAINING & CLOUDY, THE ROAD I WAS ON HAD A ROUGH SURFACE THAT'S GIVEN ME A SORE ASS, & THE WIND'S BEEN AGAINST ME MOST OF THE WAY.

BUT I DID MANAGE TO FIND A STORE OPEN THIS MORNING; SO I MANAGED TO BUY SOME GRUB. I EVEN FOUND A TWO LB. CANS OF NO-NAME RAVIOLI FOR ONLY 5F50, HALF AS MUCH OF THE NAME BRAND WAS 7F!

AND THE WEATHER CLEAR^{ED} FAIRLY EARLY; IT'S BEEN FAIRLY PLEASANT; THE LAST 40 KM THE WIND HAS BEEN MORE OR LESS WITH ME.

THE BEST THING TO HAPPEN TODAY WAS FINDING THE MUNICIPAL CAMPGROUND HERE IN ST. SYL-VESTRE. I COULDN'T FIND A PLACE TO FREE CAMP; IT'S A GOOD THING; IT'S ONLY 7F50/NIGHT; THE SHOWERS ARE FREE / WARM!

23,475

418

IT MAY BE A CHALLENGE TOMORROW TO FIND A STORE OPEN, ESPECIALLY WITH THE ROUTE I'M TAKING. SO I'LL PLAN ON A LATE START TO FIND ONE NEAR HERE BEFORE GETTING INTO THE MORE RURAL AREAS.

I'VE NOTICED A LOT OF PLACES MAKING & SELLING PÂTE DE FOIE GRAS (DUCK PÂTE); IF I SEE ONE ON TUESDAY WHEN THE STORES ARE OPEN I'LL TRY SOME. I GUESS IT'S A BIT EXPENSIVE, BUT IF IT'S NOT TOO BAD, THEN WHAT THE HELL?

I HAD ANOTHER FLAT TODAY ON MY REAR TIRE. I MEANT TO COUNT HOW MANY PATCHES IT HAS, BUT FORGOT. I THINK IT'S GOT 7 OR 8 NOW.

7-14-86

145km

I ENDED UP FREE CAMPING LAST NIGHT THOUGH IT WAS COMPLETELY UNINTENTIONAL. I CERTAINLY THOUGHT CAMPING THERE WAS WORTH AT LEAST 7F50, BUT AT 8:45 WHEN I HAD PACED UP, & WAS WALKING MY BIKE OUT OF THE CAMPGROUND NOBODY HAD COME AROUND TO COLLECT.

MY ASS WAS A BIT TENDER AGAIN TODAY - TOO MANY FLAT, ROUGH ROADS. I'M GLAD I STUCK WITH IT & MADE IT THIS FAR TODAY. I'VE ONLY GOT 85km

(23.575)

419

TO USSEL. IT'S BEEN ESPECIALLY DIFFICULT RIDING THE LAST DAY & A HALF BECAUSE THE SCENERY HAS GOTTEN VERY BEAUTIFUL & I DREAD NOT HAVING A CAMERA. HOPEFULLY THAT'LL NO LONGER BE A PROBLEM.

IM CAMPING AT BRIVE-LA-GAILLARDE & PAYING 12F55 FOR A SITE WEDGED BETWEEN AN RV & A CARAVAN. AND I GET A FREE COLD SHOWER. OH, BOY!

TODAY WASN'T AS DIFFICULT A DAY FOR GETTING GROCERIES AS I HAD ANTICIPATED. I FOUND A COUPLE OF SMALL STORES OPEN LATE IN THE AFTERNOON & I WAS ABLE TO STOCK UP IN THE MORNING AT ST. SYLVESTRE. STILL I'LL BE GLAD TO HIT THE HUGE SUPERMARKETS & FIND MORE REASONABLE PRICES.

(7.15.86)

(100km)

NOT ALTOGETHER A GOOD DAY. IT STARTED OUT WITH A DETOUR THAT ADDED 8km TO MY ROUTE; A LITTLE DOWN THE ROAD I DISCOVERED AN ERROR ON MY MAP - IT WAS ACTUALLY 10km FARTHER TO USSEL THAN I HAD PLANNED. I DID MAKE IT TO USSEL & FOUND 8 LETTERS, ONE ENGL FROM USA & LEAH & 6 FROM ALAN, WAITING FOR ME. BUT NO CAMERA.

(23.575)

419

I CALLED MIKE & HE SAID HE COULDN'T DECIDE WHAT TO GET, 'CAUSE EVERYTHING WAS AROUND \$160, SO NOW I HAVE NO CAMERA & NO MONEY TO BUY ONE UNTIL AT LEAST LUSTENAU, AUSTRIA & EVEN THEN BUYING ONE WOULD SERIOUSLY TAX MY BUDGET UNLESS I ASKED GEORGE TO SEND MORE MONEY.

AT LEAST IT'S BEEN A FAIRLY GOOD DAY & I DON'T HAVE TO HANG AROUND HERE WAITING FOR MAIL. PLUS I HAVE TWO NEW BOOKS TO READ & A NEW JOURNAL TO WRITE IN. STILL, I NEED TO DO SOMETHING ABOUT NOT HAVING A CAMERA. BUYING SLIDES ISN'T THE ANSWER BECAUSE THE ONLY SLIDES I CAN BUY HERE OF TOWNS, NOT OF THE SCENERY OR THE PEOPLE I MEET.

WELL I CALLED JOYCE & TOLD HER WHERE TO SEND ADD'L MONEY, THOUGH THE MORE I THINK OF IT, I'M SURE I'LL HAVE TO CALL AGAIN TOMORROW TO CLARIFY THINGS. DOING SO FROM THE POST OFFICE WILL BE A LOT EASIER THAN USING A PAYPHONE, SO I'LL DO THAT.

✓ Christiane Garbars

Ohlandbogen 22

2300 Altenholz

W-Germany

Tel 0431/ 323365

Film Record 6/29/86

- | | |
|------------------------|-----|
| 1. } VIEWS OF | 19. |
| 2. } GIB | 20. |
| 3. } VARIOUS | 21. |
| 4. } VIEWS FROM | 22. |
| 5. } MALAGA | 23. |
| 6. } TO | 24. |
| 7. } LOJA | 25. |
| (NEAR JAEN, SPAIN) | |
| 8. DEREK, TIM, RICHARD | 26. |
| 9. PLAZA MAYOR | 27. |
| 10. PLAZA DELAVILLE | 28. |
| 11. } FUENTE | 29. |
| 12. } LA CIBELES | 30. |
| FUENTE | |
| 13. DE NEPTUNO | 31. |
| MONUMENTO | |
| 14. A ALFONSO XII | 32. |
| PALACIO DE | |
| 15. CRISTAL | 33. |
| MURAL NEAR | |
| 16. PUERTA CERRADA | 34. |
| 17. TEMPLO DE DEBOD | 35. |
| 18. | 36. |

CAMERA STOLEN
IN MADRID 7-7-86

PORTUGUESE

OBRIGADO - THANKS
HELLO! Bom Dia ← SMT OF 'DJ' SOUND
GOODBYE! ATE LOGO, CIAO
I'm SORRY! DES COLPE
I DON'T SPEAK... EU NO FALO PORTUGUESE

Mike Wamington	JOHN ASLANIDIS
22 Golf Drive	3 JACKMAN ST. BOWOI
Nureaton	2026 SYDNEY
Warrwickshire	(02) 3892451
England.	AUSTRALIA

PABLO SAN MARTIN
R/O LREDERRA # 1. 2D
ESTELA # 1. 2D
ESTELA NAVARRA

DEREK LANDER	-TIM RITCHIE
10 VERSAILLES ST.	21 PADDINGTON GROVE
KARORI, WELLINGTON	KARORI, WELLINGTON
N.Z.	N.Z.
769-694 (WGTN)	769-183 (WGTN)

IMPORTANT SPANISH PHRASES:

Cómo PUEDO IR } LA ALBERGUES JUVENILES
OR
DONDE ESTÁ }

¿QUIÉN SABE? - WHO KNOWS?

YO NO HABLO MUY BIEN, PERO YO QUIERO APRENDER

ES USTED MUY AMABLE - YOU'RE VERY KIND.

QUIZÁS - PERHAPS

CLARO - OF COURSE

DESPACIO - SLOWLY

¿HAY UN CUARTO PARA MI BICICLETA? MI - MY
SU - YOUR

¿HAY LOS SOBRES? (ENVELOPES)

NO ES MÍO. IT'S NOT MINE

ESTE ESTOS ESTA } THIS, THESE
ESE ESOS ESA } THAT, THOSE

¿QUE ES ESTO/ESO? WHAT IS THIS/THAT?

MÁS QUE = MORE THAN

REPÍTALO MÁS DESPACIO. REPEAT MORE SLOWLY.

SOY = I AM

¿HAY UNA CAMA? DO YOU HAVE A BED?

BUENA SUERTE GOOD LUCK

¿HAY UNA BOTELLA DE LA AGUA? ¿HAY AGUA FRÍA?

LA FIEBRE DEL HENO - HAY FEVER

YO TENGO - I HAVE YO VENGO - I COME YO VOY - I GO

Film RECORD 4/17/86

PORTUGUESE WINDMILL NEAR
1. SANTAREM

VIEWS FROM PORTAS DO SOL
2. SANTAREM

3. KIOSK TINOI

4. LISBOA TRAM

5. TOWER OF BELEM

6. BLACK SWANS

7. 'STREET' ARTISTS

8. ELEVATOR

9. MARY: I AT ZOO

MITCH, LEANA, DONNA, LOUIS,

10. MYSELF; MARY AT PRAGA
ROSSI

11. PRICKLY PEAR CARTUS / CASA
BULLS KICKIN' UP BRANCA

12. DUST IN SANTIAGO DO CACÉM

13. MIKE

14.

ABANDON DONKEY CART

15. NEAR ALTEZUR

16. VIEW ABOVE ALTEZUR

17. MIKE DESCENDING HILL

18. BEACH NEAR VILA DO BISPO

19. BEACH, CLIFFS

20. VIEW NEAR
VILADO

21. BISPO

22. FERRY JOSE PILAR /

23. TAVIRA ISLAND

24. DONKEY CART / TAVIRA
DECORATIONS FOR UNKNOWN

25. FIRESTAIN TAVIRA

SUNFLOWER FIELDS

26. NEAR LA PALMA DEL CONDADO

ESPERA: THE TOWN THAT

27. WOULDN'T LET ME OUT

PATIO OF FONDA IN ARCOS

28. DE LA FRONTERA

VIEW DESCENDING FROM

PTO DE GALLIS

29. CORK TREES } NEAR
JIMENA

30. STREAM BED

31. THE ROCK FROM EUROPA PT.

32. EUROPE PT LIGHTHOUSE

33. MOROCCAN COAST

34. VIEWS OF

35. GIB

36. GIB

LISBOA

GIBRALTAR

Film Record 5/25/86

- | | | |
|---|--|-----------|
| 1. CUTTY SARK | 19. FIESTA DE SAN JUAN DE SATHAGEN | SALAMANCA |
| 2. THAMES FLOOD | 20. DE | |
| 3. BARRIER | 21. DE | |
| 4. BARRIER | 22. SATHAGEN | |
| 5. DICK BEN'S GREENHOUSE | 23. GRAVES NESTING IN CHURCH TOWER | SALAMANCA |
| 6. LE MAST ST. MICHEL | 24. ROMAN BRIDGE CATHEDRAL SPIRES | |
| 7. LECHATEAU AT SAUMUR | 25. TURKOFF BR SANDO, SPAIN | |
| 8. OLD CITY GATE AT PARTHENAY | 26. VIEW FROM RESIDENCIA/GUARDA LOOKING AT LUSO-COMING DOWN FROM MOUNTAINS | |
| 9. CITADEL AT BLAYE | 27. VIEW FROM ROOM IN COIMBRA | COIMBRA |
| 10. FISHING HUT AT LAMARQUE AIZKOMENDI - BRONZE AGE | 28. AQUEDUCTO S. SEBASTIAO | |
| 11. MONUMENT NEAR ALSASUA CHURCH AT VITORIA | 29. BOTANICAL GARDEN | |
| 12. IN CITY CENTER PUBLIC WELL NEAR VITORIA | 30. UNIVERSITY | |
| 13. SPANISH WINDMILL NEAR MIRANDA DE Ebro | 31. SIDE STREET | COIMBRA |
| 14. ROAD TO BURGOS | 32. VIEW OF ROOF FROM ROOM | |
| 15. CITY GATE + CATHEDRAL SPIRES OF BURGOS | 33. VIEWS OF HIGHWAY TO SALAMANCA | |
| 16. ALEX, PHILLIP, MARGOT, CHRIS | 34. RUINS OF CONIMBRIGA | |
| 17. I FROM BALCONY OF PENSIONE LOS ANGELES, PLAZA MAYOR SALAMANCA | 35. VIEW FROM HOSTEL AT SMO PEDRO DE MOEL | |

TRAVELLERS CHECKS

HLIS-870-758	LISBON	6-17-86
759	GIBRALTAR	6-27-86
760	GIBRALTAR	6-28-86
761	MADRID	7-7-86
762	MADRID	7-8-86
763	USSEL, FRANCE	7-15-86
764		
765		

PASSPORT # - Z5708541

BIKE FRAME - 4B05031

Film Record 5/3/86

33. FIELD OF RAPE NEAR HAMPTON	35. CUTTY SARK
34. FIGURE HEADS IN HOLD OF CUTTY SARK	36. —

CORRESPONDENCE

MERRILL 4/4(P)

BURTON'S 4/3(P), 4/9(L), 7/6(P)
(5/24(L))

MIKE; ILONA 5/12(P), 5/24(L), 6/14(P/L), 6/22(P), 7/10(L)

TED 2/22(L)

CHERYL 2/22(L), 6/30(L)

LESTER 5/20(P)

MAUREEN 3/23(B)

KATHY H. 4/2(P)

DON VOGEL (2/20(L)), 6/12(P)

MIKE K. 5/3(P), 6/21(P)

LISA 4/3(P), (5/24(L)), 6/5(P), (7/15(L))

KEVIN P. 3/24(P)

LEAH 5/20(P), (5/24(L)), 6/15(P), (7/15(L))

ALEX 5/20(P), (5/24(Lx5)), 5/26(L), 6/3(P), 6/12(P), 6/19(L), 6/18(P), 6/28(P)

DONNA 4/3(P), 4/19(P)

BEN 4/22(P), 6/15(P)

MOM (5/24(Lx2)), 4/24(L), 5/24(L), 6/18(P)

P.J. 4/3(P)

BRIAN H. 4/3(P)

GRANDMA 4/18(P)

" AMOS 5/20(P)

ERIC N. 4/22(P)

PAULA 5/4(P)

RANDY 4/22(P), 6/22(P)

VMC 4/21(P), 6/15(P)

ERIN 5/3(P)

GOMER 4/6(P)

ROGER N. 4/6(P)

DOUG; JENNY 5/25(P)

MIKE BURKE 4/6(P)

SAMUEL 6/6(P)

DEWIS; ANTON 4/6(P)

BILL G. 6/28(P)

SYLVIE (5/24(L)), 6/3(P)
(5/24(L))

TRAVIS 5/24(L)

BOB LARSON 6/29(P)

BILL; OLIVIA 4/12(P)

BUNS OF PRODEWA 6/29(P)

DANIE 6/12(P)

SCOTT SELKE 6/12(P)

AUNT PAT 4/6(P)

ROS; CARI 6/15(P)

DICK; BEN 4/18(P)

MIKE Y. 6/29(L)

STAN T. 7/6(P)

PABLO

GUYS FROM

N.Z. 7/11(P)

Jim

BESSE ~~THREE~~

PHILIP

DUK;

SANDY

'TED'

YOSHIDA;

CHRIS M.;

MARLO F.

MARY W. 7/11(P)

MIKE W.

LORE N.

ANN S.

GENE S. 7/6(P)

ANZAI'S

TINSLEY'S 6/29(P)

SCHURR'S 6/29(P)

WORN-OUT TIRES

6. ST. PETE, FL
7. ALSASUA, SPAIN
- 8.

FLAT TIRES

11. WOXING, ENGLAND (F)
12. ANGERS, FRANCE (R)
13. SAUMUR, FRANCE (F)
14. SALVATIERRA, SPAIN (R)
15. GIBRALTAR (F)
16. MADRID, SPAIN (R)

17. ST. JUSTIN, FRANCE (R)

BROKEN SPOKES

6.

28. PORTSMOUTH - CHERBOURG
29. BLANE - LEMARQUE, FRANCE
30. LISBOA - BARREIRO, PORTUGAL
31. SETUBAL (RIO SADO), PORTUGAL
32. TAVIRA, PORTUGAL (TO ISLAND)
33. TAVIRA, PORTUGAL (FROM ISLAND)
34. VILA REAL, PORTUGAL
34. AYAMONTE, SPAIN
- 35.

COUNTRIES VISITED

8. FRANCE
9. SPAIN
10. PORTUGAL
11. GIBRALTAR (?)
- 12.

BOOKS

50. THE MAN WITHOUT A COUNTRY + OTHER TALES
51. ANTHEM
52. FRANNY + ZOOEY
53. ~~THE FRODO BAGGINS~~ FAR FROM THE MADDEN CROWD

REAR DERAILLEURS

1. SPRINGFIELD, OR
2. ST. PETE, FL
- 3.

CHAINS

1. PRINEVILLE, OR
2. ST. PETE, FL
3. GIBRALTAR
- 4.

FREEWHEELS

1. NEWPORT, OR
2. ST. PETE, FL
3. GIBRALTAR
- 4.

ALEA'S PHONE # 813-848-7140

TRAVIS HODGSON

NAVAL HOSPITAL

HOSPITAL BOX # 46

LEMOORE, CA 93246-5004

MICHAEL MALONE

21 GABELSBERG STR.

6550 BAD KREUZNACH

WEST GERMANY

AD # 67834

PI # 67722

KENICHI YOSHIDA

377-12-501 IGUSA YASHIO-SHI

SAITAMA, JAPAN

TEL 0489-95-1996

% HOTEL VELVEDER #807

330 WEST 48TH ST.

NY, NY 10036

Philip Dean

1, Crescent Rd

Billerica

~~MASS~~ ESSEX

MARGO FOSTER

93 MAPLEWOOD PL.

KITCHENER, ONT

N2H 4L4

CHRIS MOWBRAY

329 ARLENE PL

WATERLOO, ONT

N2J 2G5

MARCY MILLS

244-5888 (MADRID)

MARY WAGGONER

% American Express

Paseo de Gracia 101

Barcelona, Spain



4603 Del Rio Trail

Wichita Falls, TX

76310

(817) 692-3137

SAN SEBASTIAN, BURGOS

SAITAMA

This is part of a series of **seven** handwritten journals maintained by Steve Malone during a year and a half of bicycle touring solo throughout North America and Western Europe in 1985 and 1986.

A list of names found in **Volume 6** of this set of journals:

- | | | |
|-------------------|----------------------------|------------------------|
| 1. George Burton | 10. Margaret Bush | 19. Lisa Selke |
| 2. Joyce Burton | 11. Peter Bush | 20. Christiane Garbers |
| 3. Michael Malone | 12. Ben Van Esveld | 21. Derek Lander |
| 4. Dick Stone | 13. Michael Malone, Junior | 22. Tim Ritchie |
| 5. Ben Stone | 14. Kenichi Yoshida | 23. Philip Dean |
| 6. Alea Sando | 15. Mary Waggoner | 24. Margo Foster |
| 7. Travis Hodgdon | 16. Mike Warmington | 25. Chris Mowbray |
| 8. Jean Bush | 17. John Aslandis | 26. Marcy Mills |
| 9. Johnny Bush | 18. Pablo San Martin | |